INSIDER

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Thom Denton c. 787.550.6913 Broker lic. # 16651 Kevin Cunha c. 787.550.6917 Broker lic. # 16650 **CASA LIMONES** represents a once in a lifetime opportunity to own a newly renovated ten-acre estate in the exclusive La Llave sector of Puerto Real on Vieques Island. Well known local architect Stanley Hutchinson designed and oversaw the original construction as well as designing and overseeing the renovations and additions



that were completed in 2021. Sitting atop one of the highest peaks on Vieques, Casa Limones stands alone in terms of privacy, lux-

ury, comfort and beauty. Offering stunning 360° views of the magical island of Vieques, this turnkey estate has it all and is fully fenced and accessed by electronic control. The Modern design seamlessly combines indoor and outdoor spaces so that no matter where you are the views take your breath away. \$5,775,000

THE SANDS is one of Vieques Island's most successful oceanfront rental properties or would make a magnificent private estate. It is located on Monte Santo Playa, one of the best swimming and snorkeling beaches on Vieques Island's North Shore. The property has benefited under

new ownership with considerable upgrades and repairs, creating a turn key and income producing property. The compound is fully walled with



electronic access control, a tropical swimming pool that has been recently and beautifully refurbished, fruit trees, cutting flowers, and a private stairway to the beach with magnificent ocean views into the harbor at Isabel Segunda. The structure includes two separate houses with a shared laundry and dramatic views from both units. \$1,700,000

CASA LADERA is a well known and successful Vieques Guesthouse/Private home compound located steps from Monte Santo Playa. The property has benefited under new ownership with considerable upgrades and repairs



creating a turn key and income producing property. The "country club"-like grounds showcase three self contained units, with an oversized pool and decks, a pool bathroom,

pool fountain, garage and storage rooms, all fully fenced. The park-like setting features Mango trees, a sweeping lawn and many blooming tropical plants. \$1,200,000



July In Bloom by Siddhia Hutchinson 21" X 21" Mixed media collage



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For online sales, information on events and artists visit: hutchinsonwielgusgallery.com

Other inquiries: 787-556-5409



FINCA VICTORIA

A NEW ERA OF WELLNESS IN VIEQUES

Finca Victoria's transformation into a wellness hotel and retreat center signifies a remarkable shift in Viegues' tourism scene. It offers visitors a chance to bask in the island's natural beauty while indulging in vital self-care and personal growth. With its spa, yoga sessions, themed retreats. and the option to host your own retreat, the hotel is on the cusp of becoming Viegues' wellness hub. What's more, for guests opting for extended stays, all rooms are now equipped with full kitchens. So, if you're seeking respite from the daily grind, hoping to revitalize your spirit, or eager to embark on a journey of selfdiscovery, look no further than Finca Victoria Hotel. It's more than just accommodation; it's a haven for well-being and transformation on Viegues, the enchanting island. Come and savor the new era of wellness in paradise.

WELLNESS CENTER
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Victoria's retreat offerings lies
the Ayurvedic Wellness
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to calming Basti treatments.
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reset, Panchakarma
cleansing programs are also
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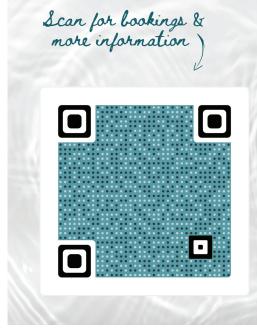
They include expert
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DAILY YOGA Join us for daily yoga at 8 am, drop-ins are welcomed! Our sessions, set against the backdrop of Viegues' natural beauty and the Maloka's ocean view, emphasize practical wellbeing with a focus on strength, flexibility, and relaxation. For those preferring a virtual experience, we also offer our class via Zoom, which are free of charge. Find the link on our website for easy access.









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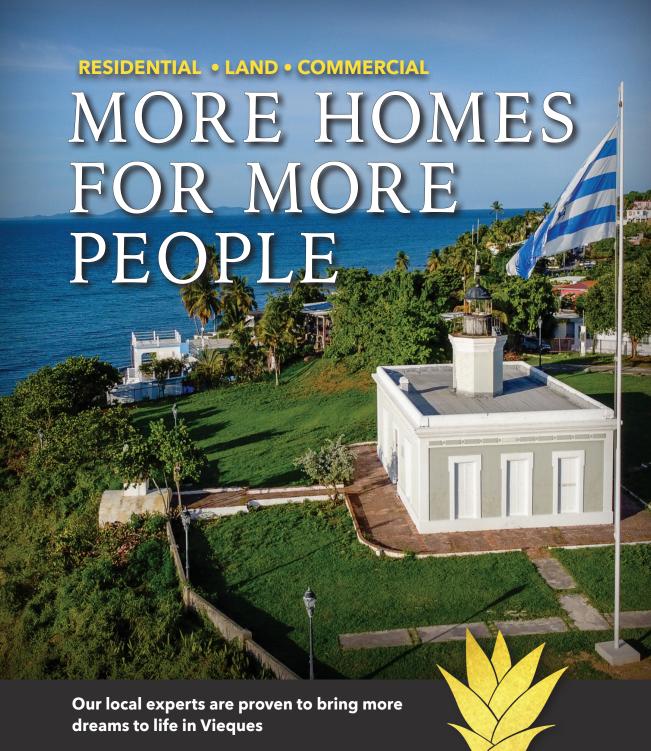


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Letter from the Publisher

SEEKERS



I have a few dear friends whom I call "Seekers" – those who never stop questioning life and looking for answers with the curiosity of a child. Some might think that seeking requires traveling all over the world in search of new journeys and landscapes. However, many of these friends explore,

discover, and uncover hidden secrets of their own existence right in their own homes and within their hearts and minds.

My best friend from our hometown in Pennsylvania delivers mail. Her work might seem mundane—if she wasn't a seeker. Every day, she packs her (mail)bag and embarks on a journey to discover her personal connection to the world. House to house, through rain, sleet, and snow, she questions everything about life. She finds some answers in moving her body all day, receiving a hug from an elder, a wagging tail from a pet, and the beauty of ice-covered trees. She may not come up with all the answers, but she steps out of her comfort zone to ask the questions.

Through the pages of our magazine, we invite you to join us on this incredible journey of seeking new discoveries. We have compiled a treasure trove of tips on where to find what you seek and beyond. Our goal at Vieques Insider is to help you use your vacation time to connect with the island's vibrant culture, history, people, and ecology. Finding and unleashing that inner curious child with a willingness to delve into the unknown, stepping out of your comfort zone, embarking on your own personal journey; well, that is up to you. Vieques has something unique and transformative to offer —if you seek it.

-Kelly Thompson

¿Tienes una historia para compartir? iVieques Insider te necesita!

Comuníquese con nosotros si tiene ideas para una historia, le gustaría escribir, está dispuesto a entrevistar a personalidades de Vieques o desea compartir conocimientos sobre su hogar.

Do you have a story to share? Vieques Insider needs you!

Contact us if you have story ideas, would like to write, are willing to interview Vieques personalities or want to share knowledge about your home.

Ooops. We may have missed something!

If it was you, we are truly sorry. If a phone number needs correcting or there is information that could help make our publication more informative, please let us know! Contact kelly@viequesinsider.com.

[VIEQUES] insider

EDITOR, PUBLISHER
ASSISTANT

ASSISTANT EDITORS

PHOTOGRAPHY

ART DIRECTION / DESIGN

KELLY THOMPSON

CHEO DIAZ MALDONADO TOM O'GRADY JR.

AMY GORDON

KELLY THOMPSON

KELLY THOMPSON AJ STETSON

DANIEL FERNANDEZ

PRINTER | IM

IMPRESSIONS ASSOCIATES

787.435.3172

WWW.VIEQUESINSIDER.COM info@viequesinsider.com

CONTRIBUTORS

Mary Hillery, a retired women's health nurse practitioner from Maine, has been a lifelong outdoor enthusiast. She and her husband Greg Guckenburg have been leaders in TICATOVE, the friends of the Vieques National Wildlife Refuge for about six years. Mary and the VNWR hope to involve as many people as possible in the conservation and enjoyment of the great outdoors.

Olga Gallego Smith (la española) is our contributing translator. She is originally from Spain, grew up in Venezuela, and is a retired professor of Spanish Applied Linguistics at the University of Michigan. Olga is a volunteer translator for VIEQUES LOVE and also serves on two Vieques nonprofit organizations— COREFI and VIDAS VIEQUENSES VALEN. She is the founder of LINGUASOL (Spanish/English Instruction-Translation-Interpreting).

Amy Gordon is a freelance travel writer who doesn't feel quite right without a tan. Her articles have appeared in outlets including Harper Traveler, Where Traveler, BizBash and Slow Living.

Adolfo Rosa Miranda is the Vice Mayor of Vieques and contributor to the Municipality Updates page.

Tom O'Grady Jr. is a Philadelphia-born author, freelance writer and editor with literature and writing degrees from Temple University (B.A.) and Rutgers University (M.A.). Tom has five entertaining novels available in print and digital formats (Amazon), and writes and edits training, marketing, advertising and magazine content online. He currently resides in Northeast Florida.

Photographer AJ Stetson is a film set/unit stills and portrait photographer based in NYC. A dual citizen of the United States and Italy, AJ is also a drone pilot and scuba diver, and captures still and moving images on location around the world. His portrait work, very much like his persona, coaxes the gentle truth of his subject, exposing their very essence and authenticity. See AJ's work at www. AJStetson com or contact him at 646-450-5590 or AJ@AJStetson.com









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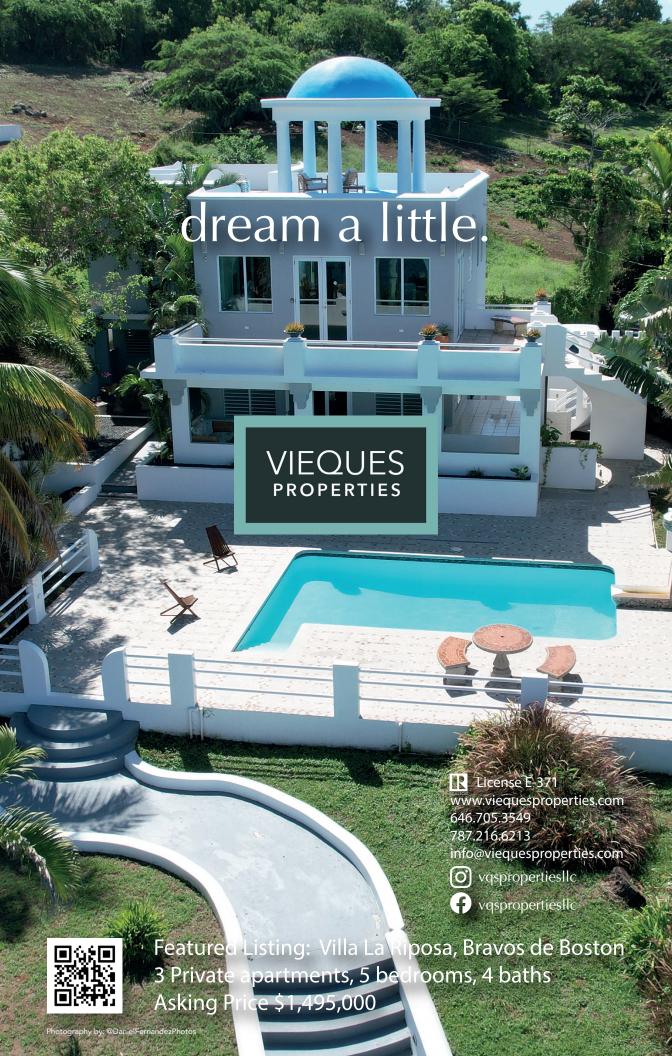
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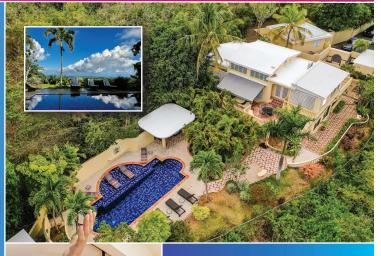
Lin Wetherby, Owner Broker 787.380 4990

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Jessica Matthews, Sales Agent 787.988.4731

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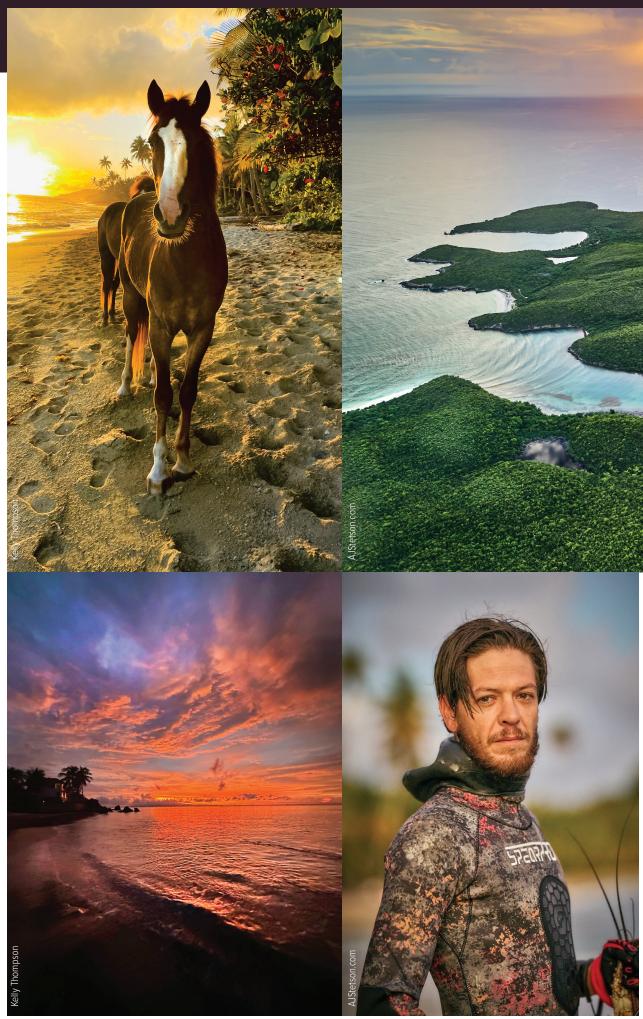
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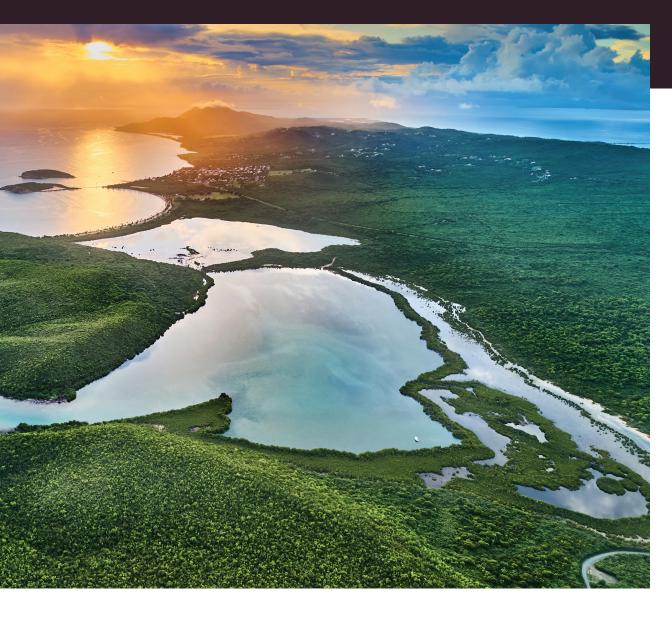


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Up the hill from Maritza's





VIEQUES INSIDER

YOUR **GUIDE** TO VIEQUES BY: AMY GORDON

The amazing island of Vieques packs a lot of beauty into a little space. Only twenty miles from east to west and four miles from north to south, Vieques offers so much more than we could pack into this magazine.

Spectacular beaches are at every turn, each one providing a unique experience. Our BioBay, the brightest in the world, is an experience that will stay with you a lifetime and should not to be missed if you are visiting. From casual cafés to elegant fine dining, Vieques teems with fantastic restaurants. Horses roam the island and the roosters remind us (sometimes a bit too early in the morning) that nature reigns supreme. When visiting, remember that Vieques is off the beaten path but there is much to discover. What you won't find here is a world of convenience. This issue of Vieques Insider aims to help you discover all that Vieques offers to make your vacation spectacular.

Please be mindful that most beaches and their surroundings remain unspoiled and unsupervised. We urge you to choose your activities and locations wisely, prioritizing safety and preserving the environment. We highly recommend using licensed tour and activity guides familiar with the island, weather, marine life, trails and dangers while paddleboarding, snorkeling, scuba diving, sailing, horseback riding, and taking Biobay trips.

We have included our advertisers in the guide listings. Find a more complete listing and more information at www.viequesinsider.com or scan the qr code. We look forward to new ideas and island insights! Contact us to share at kelly@viequesinsider.com.

This issue is your guide on where to stay, play, dine, shop and find hidden treasures of Viegues.



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GALLERY

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Ferry from Ceiba to Vieques

Requires 1 hour 15 min taxi ride from San Juan International (SJU) to Ceiba (aprox. \$100) Ferry ticket \$2 or you can purchase two days ahead of time on www. puertoricoferry.com with additional fees for luggage. There are additional charges for carry on items such as coolers, surfboards, beach chairs, etc. Be prepared to wait or possibly be bumped if ferry is full! Vieques residents are seated first. It is not uncommon for the ferry to be late.

Publico Vans are located outside baggage claim at SJU and can seat up to 10-12 people. They are managed by Puerto Rico Tourism and you will be supplied an invoice for your trip before getting in the van. Tips are accepted.

Insider recommendation: The ferry is used by Vieques residents to go to school, doctors appointments, shopping, work and to visit family. During high tourism season the ferry can fill up fast and residents get first boarding priority. If you don't want to chance being left at the ferry dock waiting hours for the next ferry or possilbly even overnight, book a flight from one of the three airports!

LUGGAGE CHARGES

Cape Air

CARRY ON (max 36lb.) GATE CHECKED BAG (max 45lb.) free IST CHECKED BAG 51-70 lbs.....\$80 2ND CHECKED BAG 51-70 lbs.....\$80 3RD CHECKED BAG



Pet Kennel

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51-70 lbs.....\$80

Not accepted

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Viegues Air Link

BAGGAGE FARES 1-25 lbs. free

Over 25lbs. \$1.50 per lb

PET KENNEL

Hard Kennel Required (max 26x18x17") \$30 one way Advance Reservation Required One animal per aircraft.

INSIDER

EXPERIENCES APP BY HORNBLOWER

TICKETS AND ALSO SEE
HOW MANY TICKETS AR
AVAILABLE AT THE
WINDOW IF THE
ONLINE TICKETS
ARE SOLD OUT

- Take warm clothes on the ferry! It's very cold when the AC is on.
- Car rentals on Viegues have closing hours! If you arrive after closing time make prior arrangements with the company to receive your car.
- See page 41 for a list of publicos on Vieques.

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GETTING **AROUND**

▶ PUBLICOS/PUBLICOS/TAXIS:

Publicos are marked with the letters TC for transportacion collectiva (Collective Transportation) meaning

that they can pick up other passengers along the route. Look for a van with wording on the side or windshield.



CAR/SCOOTER/UTV/GOLF CART RENTAL:

There are many rental car companies all within the same price range. Most offer Jeeps or SUVs to get you to the most remote beaches, but just because it's 4wd doesn't mean you can't get stuck. Viegues has some world class potholes that are surprisingly deep. When parking at the beach don't leave valuables in the car and leave the car unlocked. At Sunbay do not park



road, only in the grass on the opposite side. When returning cars you will be

charged for wet seats so think twice about leaving the top off the jeep. Make sure you rent from a licensed car rental company. Book early!

BIKE RENTAL: Bikes can be rented by the hour or day. If you plan on using a bike as transportation make sure you research mileage on Google maps. Also, be aware that most beach roads are dirt, gravel or sand with some steep inclines. Hot, dusty roads; always have water!



Fix a Flat

Pick one of these up at any convenience store or gas station on the island and save yourself a lot of trouble. Just connect to your flat tire, inflate and go! It will only seal temporarily so call your rental company for directions on where to go to get it



fixed.

A Twist or a Tap

If your car won't start when leaving the beach, before panicking, first check your battery cable connections. On rough roads they tend to bounce and loosen. Tighten them up, give them a tap and try again!

>> GOOD TO KNOW

1 GALLON = 3.78541 LITERS NO ESTACIONAR = NO PARKING YELLOW CURB = NO PARKING

GETTING YOUR BEARINGS

SOUTH SIDE

ESPERANZA

Esperanza, on the southern coast, boasts the deep agua and crystal clear waters of the Caribbean Sea, gently lapping along a picturesque walkway known as the Malecón. Esperanza offers a walkable array of restaurants, museums, stores, piers, boating and social interaction. Sundays are full of music, dominos, and libations. Extend your plea-

sure east or west along the Caribbean shore to discover art, black sand, roadside food experiences and an endless



string of unique beaches so visually outrageous you'll be at a loss for words and pictures.

NORTH SIDE

ISABEL II

Bordered by the wavy blue of the Atlantic, the north side offers a loosely organized configuration of main and side streets, churches, stores, bars, restaurants, shops and municipal offices, all loosely draped around the Plaza, a community square for great gatherings all year round.

Charming and colorful, Isabel II ("town" or "el pueblo" to the residents) is named after the first reigning female monarch of Spain. Sitting like a decorated cake high above the town is the Fortin Conde de Mirasol, the last Spanish fort built in the Americas.

INSIDER TIP GOLF CART TURN SIGNALS WON'T AUTOMATICALLY TURN OFF! MAKE A MENTAL NOTE-

TURN IT OFFI

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a bit of history

Want to know a bit more about Vieques?

Here's a brief timeline to whet the appetite of the history buff in you.

- 2145 BCE Archeological findings in Puerto Ferro date back to Pre-Arawak period.
- 1100 CE Taino culture abounds in Esperanza.
- Olumbus lands on the south side of Borinquen (now Puerto Rico) and claims it for Spain.



- O 1508 Ponce de León initiates colonization of Puerto Rico.
- 1514 Taíno Chiefs Yaureibo and Cacimar from Bieke fight Spanish forces on the east side of Puerto Rico.
- O 1683 British settlers from Anguilla invade Vieques. Danish forces from St. Thomas drive invaders away.
- **1698** Scottish settlers from Nevis, Anguilla and Tortola invade Vieques. Spanish forces drive invaders away.
- O 1718 British settlers from Anguilla come to Vieques to establish a colony on two different occasions. Both times Spanish forces drive invaders away.
- **2 1811** The Spanish colonization of Vieques begins.
- 1815 Royal Decree of Graces allows other Europeans who swear loyalty to the Spanish Crown to remain in Puerto Rico. French settlers develop Vieques' agrarian economy.

1816 Simón Bolivar, Latin America's Great Liberator, comes to Vieques.



1822

The Spanish commence construction of a town, eventually called Punta Mulas (Isabel II today), on the north side of the island.

- 1832 Teófilo José Jaime María Le Guillou, a French emigre, is appointed military governor of Vieques.
- 1844 The municipality of Vieques is formally established; construction of original Catholic Church gets underway.
- 1845 Construction of Fortín Conde de Mirasol (the Fort) begins.
- 1863 Britain formally renounces all claims to
- **1873** Abolition of slavery in Puerto Rico (March 22, 1873); Manuel E. Benitez is elected Vieques' first mayor when municipalities are extended the right to vote.
- 1893 All Saints Church is officially consecrated. Vieques and Ponce were the first places in Puerto Rico under Spanish Monarchy allowed to set up non-Catholic churches.
- 🗘 1896 Punta Mulas lighthouse (north side) is completed.
- 🗘 **1898** Spanish-American War. Treaty of Paris gives United States temporary control of Cuba and ownership of Puerto Rico, Guam and the Philippine islands.

1899

Puerto Ferro lighthouse (south side) is completed.



© 1917 Jones Act grants United States Citizenship to all Puerto Ricans.

- **1925** On March 19, a powerful earthquake causes major structural damages to the Puerto Ferro lighthouse. The lighthouse is closed.
- **1941-49** The United States Navy expropriates nearly two thirds of Vieques for military maneuvers.



- O 1948 Luis Muñoz Marín becomes 1st democratically elected governor of Puerto
- 1952 Commonwealth of Puerto Rico is established on July 25.
- 1961 The film Lord of the Flies is shot in Vieques.
- Osvaldo "Val" Gonzalez-Duriex provides air transportation to Vieques and registers his enterprise as Vieques Air Link.
- **1976** Water from El Yunque (Puerto Rico's rain forest) via underwater pipeline becomes the main water supply for Vieques.
- **1977 1988** "Vieques Pony Express"— Ventura Camacho Dávila is hired by

the post office to initiate island-wide delivery of mail. For the next 11 years, Ventura Camacho does his job on horseback.



- **1978** "Fishermen's War": An international NATO backed training military exercise on Vieques is stopped by fishermen who position themselves in the direct line
- **1989** Hugo, since upgraded to a category 5 hurricane, devastates Vieques.
- 1991 Restoration of Fortín Conde de Mirasol is completed.
- 1999 David Sanes is killed by a bomb from U.S. Navy military exercises. The tragic death serves as the catalyst for a peace protest that galvanizes all of Puerto Rico. The 'Paz Para Vieques' movement garners international support and becomes instrumental in pressuring the United States Navy to end military exercises on the island.



- **2001** Vieques National Wildlife Refuge is established (3,100 acres on the western end of Vieques).
- 2003 U.S. Navy leaves Vieques; 14,573 acres of land on the east end are added to the Vieques National Wildlife Refuge. The Refuge is operated under the U.S.



Department of Interior and becomes the largest wildlife refuge in the Caribbean.

- **2005** U.S. Congress designates parts of Vieques as a Superfund.
- 2006 Montessori Education arrives in Vieques; Guinness World Records names Mosquito Bay the brightest Bio-bay in the world; MAN-TA, the educational outreach program of the Vieques Conservation and Historical Trust (VCHT) wins EPA's highest award two years in a row.
- **2007** Comunidad Verde Vieques is established. This is the first re-settlement inside former NAVY land.
- ② 2009 First Bio-luminescent Symposium in Puerto Rico is held in Vieques and hosted by the VCHT.
- ② 2011 White House report issued by the Vieques Task Force recommends military clean-up, a solid waste strategy, health care, renewable energy, protection of the BioBay and "green" tourism.
- 2016 VCHT signs an agreement with the Department of Environmental and Natural Resources to co-manage the Mosquito nature reserve.



2017

Hurricane Maria devastates Puerto Rico and Vieques with Category 5-force winds. Communication to the outside world is severed, and it takes 7 months to restore power. Numerous on- and off-island organizations form to provide help.

② 2019 The death of 13-year old Jai Ventura sparks island-wide grief and a peaceful protest (justiceparajai) about the Vieques hospital. Destroyed in Hurricane Maria,



the hospital *or CDT* (Center for Diagnoses and Treatment) is in the process of being rebuilt.

- **2019** The Covid-19 pandemic magnifies the island's humanitarian crisis after the devastation of Hurricane Maria and several earthquakes. Fortunately, response to the virus is rapid and thorough and controls the spread.
- 2019-20 Puerto Rico experiences an unprecedented series of shock swarms. Over 9,000 earthquakes and aftershocks damage thousands of homes and buildings and closes schools.

TODAY

Six years later, Vieques continues to grapple with the lingering effects of Hurricane Maria, long after the storm left its devastating mark. Significant issues facing Vieques are the lack of medical services, insufficient ferry transportation, depleted economic opportunities and an education system afflicted by one challenge after another.

Additionally, Vieques, like many areas of the world, is experiencing the adverse effects of gentrification, leading to rising property prices and a displacement of long-time residents, threatening the unique cultural fabric of the island.

At press time, work on the hospital was getting underway by Caribe Techno, the company contracted to rebuild.

Despite these challenges, resilient Vieques residents remain determined to rebuild their community and preserve their way of life while advocating for equitable development and the necessary resources for a sustainable recovery.



OPERATION PORTREX In 1950 a simulated attack on Blue Beach (La Chiva) was staged by a joint effort of Army, Navy, Air Force and Marine forces. The "D-Day"-like maneuvers took two months of preparation by land forces charged with protecting the beach and inland areas from the "assault". As a result, the topography of La Chiva was substantially altered. Bulldozers scraped the land, digging deep anti-tank trenches and felling palm trees and bushes. Much of the thorny growth, mixed with barbed wire, was wrapped around the palm trunks as defensive barriers. A camouflaged, deeply-dug shelter for 50 caliber machine guns was also placed on the cayo off Blue Beach to disrupt the beach landing from behind.

Like many territories and cultures, Vieques has struggled to maintain its way of life. The many recorded histories of that struggle are, like the people of Vieques and Puerto Rico, filled with passion and persistence, and no shortage of perspectives. Vieques Insider endeavors to provide as accurate a timeline of that history as is available through our research, while taking into consideration the discrepancies that exist among historians. Our timeline is in no way a comprehensive account, only a brief outline. We encourage our readers seeking a greater knowledge of Vieques to access all accounts of its history. To discover more about Vieques locally, please visit El Fortín Conde Mirasol and the Vieques Conservation and Historical Trust



From Military Occupation to Community Resilience

Vieques' Ongoing Struggle for Health, Justice, and Environmental Restoration

otivated by strategic military interests during World War II, the United States Navy took over two-thirds of Vieques (22,000 acres) to conduct wartime practices and weapons testing.

The expropriation process involved negotiation with some willing landowners but also employed eminent domain to forcefully acquire properties from those who resisted. Sugarcane operations, crucial to the Vieques economy, were not spared, leading to the displacement of numerous working families and significant changes in the island's social fabric.

The U.S. Navy conducted a wide range of military exercises, including bombing practice, amphibious assault training, naval gunfire support, close air support, and weapons testing, causing significant environmental and health concerns among the local population. In 1999, the killing of a civilian security guard, David Sanes, led to widespread protests and international attention. Years of protests and negotiations ensued until the U.S. Navy officially ceased its military exercises on Vieques in 2003, ending its longstanding presence on the island.

In 2001, the U.S. Congress established the Vieques National Wildlife Refuge on the western end of the island. After 2003 and the Navy's complete withdrawal from Vieques, the wildlife refuge added acreage on the eastern end, increasing it to approximately 18,000 acres of land. The Vieques National Wildlife Refuge is now home to a large collection of unique and

The departure of the U.S. Navy from Vieques marked the culmination of years of activism and efforts by the local community and environmentalists to reclaim the land.

stunning beaches that endlessly captivate visitors and locals alike, but much of the area and several beaches will remain closed to the public for years to come due to ongoing munitions removal.

In 2005 large areas of Vieques and surrounding waters wer place on the National Priorities List and since then the U.S. government and its various agencies (including the EPA) have been working to address the environmental contamination left behind on the island by decades of military exercises, including unexploded ordnances and toxic substances, which pose significant health risks.

Long after the U.S. Navy's departure, residents of Vieques today continue to grapple with the legacy of military exercises on their island. One pressing concern is the alarmingly high cancer rates among the population, which many attribute to the years of





exposure to hazardous materials and contaminants from military activities. The struggle for Vieques has shifted from protesting the Navy's presence to demanding comprehensive healthcare support and environmental cleanup. Local activists, alongside environmental organizations and concerned citizens, continue their fight for adequate healthcare, environmental remediation, and social justice.

Faced now with increased property values and a rise in real estate prices, locals here, like elsewhere in the world, struggle with social and economic exclusion and displacement while continuing to advocate for the well-being and restoration of their land.

To learn more about Vieques history, visit El Fortin Conde Mirasol.

The Vieques Environmental Restoration Program (RAB) engages community members in a forum for information exchange. Download an application to join the RAB at www.navfac.navy.mil/Vieques.

MUSEUM FORT COUNT MIRASOL

CONNECT TO VIEQUES PAST

Before heading out to the beautiful beaches of Vieques, take some time to connect to the island's past by visiting the last Spanish Colonial fort ever built in the Caribbean. The fort was constructed from 1845 to 1855 under the rule of the Spanish Governor of Puerto Rico, don Rafael Aristegui y Vélez, known as the Count of Mirasol, to fortify the island against potential threats. It also housed militia and served as a jail. Perched on the hill overlooking Isabel Segunda, it offers a commanding view and served as a crucial stronghold against pirates and foreign invasions.

Administered by the Puerto Rican Institute of Culture (ICP), the restored, Colonial-style building now houses a beautiful art gallery,

an exquisite collection of indigenous and cultural artifacts, and the Vieques Historic Archives, an extensive library of documents related to the history of Vieques. It was listed on the National Register of Historic Places in 1977.

Longtime activist Robert Rabin served as director of Fort Conde Mirasol for 32 years until his death in March of 2022. He will always be remembered, revered, and loved.



NEW CULTURAL ACTIVITIES COORDINATOR

NEISHA RAMOS BENJAMIN

A warm welcome to the new coordinator of cultural activities at the Fort Conde de Mirasol Museum, Neisha Ramos Benjamin. Born in San Juan, Neisha graduated from the Specialized School of Theater, José Julián Acosta, and continued her postgraduate studies as a Theater Teacher at the University of Puerto Rico, Río Piedras

Campus. She has worked as an educator, creative director, youth leader, and cultural project manager. Committed to the socio-cultural work and development of the arts in the communities of Puerto Rico, she has collaborated as a professional resource for films, advertising, art, education, culture, human rights, public health, and social development projects. Over the years in Vieques, Neisha has worked with community-based organizations such as Boys and Girls Clubs, Department of Education, Instituto Nueva Escuela, Vieques Conservation and Historical Trust, Vieques Love, and Club SOMOS, among others.

To contact Neisha, email her at nramos@icp.pr.gov.



El Fortín Conde de Mirasol

Hours: Wednesday to Sunday Miércoles a domingo, 8:00AM - 12:00PM 1:00PM - 4:00PM

WINTER EXHIBITS/ EXHIBICIONES DE INVIERNO:

Art Exhibition "Four Artists, One Calling: Viequenses Lives Matter!" Featuring artists Myrna Pagán, Jackie Cruz, Ardelle Ferrer, and Isa Williams. [Opening] Friday, Nov. 3 • 7:00 PM. - Dec. 23

Exhibición de Arte "Cuatro artistas, un llamado: ¡Vidas Viequenses Valen!" Artistas: Myrna Pagán, Jackie Cruz, Ardelle Ferrer e Isa Williams. [Inauguración]
Viernes, 3 de noviembre • 7PM - 23 de diciembre

CULTURAL AFTERNOONS AT THE FORT TARDES CULTURALES EN EL FORTÍN

Local crafts, art exhibitions, presentations, and more. FREE for the whole family. This event will take place one Saturday a month at Fort Conde de Mirasol Museum. Please check the Fort Conde de Mirasol Facebook page for future dates.

Saturday, Nov. 18 2:00PM - 6:00PM Saturday, Dec. 9 1:00PM - 5:00PM.

Artesanía local, exhibiciones de arte, presentaciones y más. GRATIS para toda la familia. Este evento se llevará a cabo un sábado al mes en el Museo Fuerte Conde de Mirasol. Por favor, consulte la página de Facebook del Museo Fuerte Conde de Mirasol para conocer las fechas futuras.

Sábado, 18 de noviembre 2:00PM - 6:00 PM

Sábado, 9 de diciembre 1:00PM - 5:00PM

For more information visit www. culturalpr.com or Vieques Cultural on Instagram or Facebook.



'tis the season



On Vieques, the holiday season comes alive with vibrant festivities and unique traditions that honor the island's rich cultural heritage.



nied by a **holiday parade** beforehand featuring our own **Fantasia Caribeña**, the troupe that travels to NYC each year to represent Vieques in the Puerto Rican Day Parade.

On **Christmas Eve (Nochebuena**), families gather for a grand feast featuring traditional dishes like lechón (roast pig), arroz con gandules (rice with pigeon peas), pasteles (Puerto)

Rico's version of tamales) and tembleque.

January 6th marks the **Feast of the Epiphany** or **Three Kings' Day**, a celebration where children in many Latin American and Spanish cultures traditionally receive holiday presents. For Christians worldwide, the holiday season concludes officially on the 12th day of Christmas, underlining the significance of the adoration of the baby Jesus by the Three Kings.

On the night before **Three Kings' Day**, a unique tradition unfolds in numerous Latin American and Viequense households. Children venture into their yards, gathering the freshest grass leaves, which they carefully place inside a shoe box. Positioned beside their beds, this box serves as a symbolic offering for the camels that carry the Three Kings upon their arrival. This practice is much like the North American tradition of leaving milk and cookies for Santa on Christmas Eve. In Latin America and Spain, millions of children eagerly anticipate "el Día de los Reyes Magos," cherishing the anticipation of this special day. On Vieques there are numerous events to distribute toys on or around Jan 6th.

LECHÓN



Lechón, a slow-roasted pig, is a Christmas staple in Vieques, akin to Thanksgiving turkey in the States. A whole pig seasoned with "sazón," a local seasoning mix made from ingredients like paprika, coriander, cumin, oregano, and garlic. The pigs are cooked overnight either with propane or charcoal for that traditional flavor. Chicharróns or the crispy, seasoned skin is as coveted as the meat.

PASTELLES



Pasteles are sometimes described as Puerto Rican tamales, the difference being they are made with root vegetables instead of corn. Making them is labor intensive work which is why they are traditionally done during the holiday season. Fortunately, many restaurants here on Vieques serve pasteles around the holidays.

TEMBLEQUE



Tembleque is a vegan dessert made from coconut milk, cornstarch, sugar, and a pinch of salt. Cooked on the stove until thickened, it gets its name from its wiggly texture when cooled. Sprinkled with ground cinnamon, it's a delicious treat for vegans. Look out for it on local menus. Enjoy!

Dec. 2nd • Holiday Parade and lighting of the Plaza in Isabel II

▶ Jan 6th • Three King's Day

1 can (15 oz.) Cream of Coconut 1 can(13.5 oz.) Coconut Milk

½ cup Sweetened Condensed Milk

½ tsp. ground cinnamon, plus more

½ cup rum (optional)

1 tsp. vanilla extract

for garnish, if desired

- **Dec 9th** Holiday Gran Cabalgata 1pm-4pm, Isabel II to Esperanza
- □ Jan 4th Three King's Day toy give-away, Esperanza [to donate or volunteer call 787-223-8631]

DO try this at home. Our traditional homemade version of eggnog combines coconut, spices and of course, rum! No holiday festivity would be complete without this delicious, creamy concoction. THE EASY RECIPE 2 cans (12 oz. each) 750 40% 80 Evaporated Milk

In bowl of blender, add evaporated milk, cream of coconut, coconut milk, sweetened condensed milk, rum (if using), vanilla extract and ground cinnamon. Blend on high until mixture is well combined. Pour coconut mixture into glass bottles or containers. Transfer to refrigerator. Chill until cold. To serve, stir or shake bottle well to combine. Pour coquito into small serving glasses. Garnish with ground cinnamon and cinnamon sticks, if desired.

Buen Provecho - Enjoy your men!

stands out for its display of Christmas spirit.
Miguel (Papito) Rivera Melendez's family
has been de"lighting" the island with his
Christmas light display for over 25 years.
It takes 20-30 hours to string over 10,000
lights and required a dedicated electric
panel to be added to the house. Papito
keeps the family tradition alive for his
mother, Mariíta Melendez Sanes, granddaughters and nephews. It is a Vieques
treasure during the holiday season and
locals look forward to seeing it every year.
Drive down Calle Flamboyan in Esperanza.
You can't miss it!

HOLIDAY SPIRIT >> Each year one house



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CABALGATAS

Keeping Equestrian Tradition Alive

By: Olga Gallego Smith and Kelly Thompson

During your time on Vieques, you might be fortunate enough to witness a cabalgata, which is a calvacade or horse procession. On Vieques horses are ridden daily for transportation but the cabalgatas are truly special to see. Riders adorn their horses and gather at an established meeting location. The procession then fills the streets with the taka,

taka, taka, sound of the hooves on pavement, and much laughter. The riders go from one establishment to the next, sometimes crossing the island north to south from Isabel Segunda to Esperanza. Along the route, there are regular stops for refreshments for both riders and horses.

Deeply rooted in Hispanic culture, historically cabalgatas were associated with medieval chivalry, where nobles paraded through towns, showcasing their skills and their horses. On Vieques, cabalgatas have evolved into more than a celebration of local horse culture; they have become an opportunity to impart knowledge about horse care and riding to the youth.

Johnny "Wachu" Colon is actively trying to revive the cabalgatas to preserve the island's heritage of equestrian traditions and teach the youth how to care for their horses. He, his wife Abigail Díaz, and their two daughters, operate a farm which is not only for horses but also for a variety

of farm animals. They organize weekly cabalgatas and encourage familes and kids to join. Groups of riders, young and old, congregate near the ferry on Saturdays with the procession starting around 3pm.

A *Grand Cabalgata* is scheduled for **Dec 9**, beginning at 12 pm from El Yate Restaurant and Bar in Isabel II and

concluding in Esperanza at the fishermen's pier. The festivities, starting at 4 pm, include live music, games, raffles, food trucks, dominoes competitions, and local arts and crafts. The Cabalgata will make three stops: first at Gran Parada Bar and Restaurant, then at Kalientitos Bar and Restaurant, and it will wrap up at the entrance to Sunbay. All riders are welcome!

Solution of the youngest riders, Luis Ivan Ayala Mercado, to participate in the cabalgatas.





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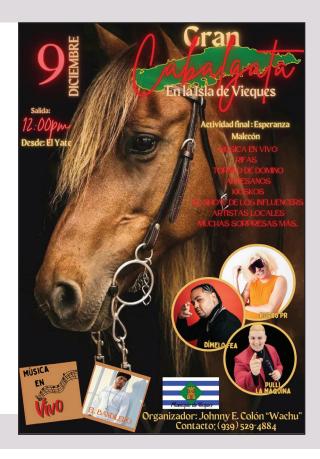


Please be considerate of horses on the roads and remember to slow down! Vieques roads have recently been repaved, greatly improving the driving experience. However, this improvement has unintended consequences for the horses, as drivers tend to speed up. While free-roaming horses are a picturesque sight on the beach, it's crucial to recognize that these animals need food, water, and medical care, which may not always be accessible to them when they roam freely. There are ways to assist these horses; one option is to contribute to nonprofits devoted to animal and horse care, as they are in urgent need of support. Your assistance can make a significant difference in their well-being. See page 56 to see how you can help.

Vieques speed limit on most of the main roads is 35 mph but slows to 5 to 15 on beach roads and school zones. What's your hurry? You're on Vieques!











SOUTH SHORE BEACHES

SUNBAY Accessible by the gated entrance off 997, Sunbay is a one mile stretch of beach. Sunbay has lifeguards and bathhouse. The entrance is 5 miles from Isabel II and 0.7 miles from Esperanza (the Malecon). There is an entrance fee of \$2-\$4 depending on time of year.

.....

MEDIA LUNA Enter the gated entrance off 997 at Sunbay. Follow the dirt road at the end of Sunbay and travel 0.6 more miles to Media Luna. Great for small children, Media Luna is shallow. You can walk 30 ft out into the water and still be in waist deep water. Also, for a free "spa experience," enjoy an exfoliation from the silky, fine sand.

NAVIO Follow directions to Media Luna but pass Media Luna and take a left at the sign and go another 0.3 miles. The road is extremely rough and 4wd is sometimes-required but you can also park at Media Luna and walk to Navío. Go into the cave on the left side of the beach (if facing the water) for an excellent photo spot! There's good surf so bring your boogie board!

ESPERANZA BEACH To the east and west of the fishing piers in Esperanza.

PLAYA NEGRA (BLACK SAND BEACH) Leave Esperanza on 996 going west. Come to T (201) and take left. Drive 0.1 mile and look for the Playa Negra sign at

.....

mile and look for the Playa Negra sign at the trail head. Drive 100 feet more to the parking lot across from Gallery Oro. Walk down the path to the dried stream bed and follow to the right. It is about a 20

minute walk to the beach. If it has rained, stream bed will actually be a small stream. Bring bug spray and water.

VIEQUES NATIONAL WILDLIFE REFUGE*

CARACAS* From 997, turn into the Vieques National Wildlife Refuge at Km Marker 3.2. Go 2.6 miles to a sign for Caracas. Turn right and go .7 more miles. Little shade except for picnic gazebos in the grass area. Watch out for the sandburs! Be very careful where you step when you are in the grassy area and kids should wear their shoes down to the sand (or water's edge). Note: Only park in the parking lot, and not in the entire cul-desac at the very end, to avoid fines. It is only for emergency vehicle turn around.

NO Parking

ESTACIONAR

TOW-AWAY ZONE

PLAYUELA* From 997, turn into the Wildlife Refuge at Km Marker 3.2. Go 2.6 miles to the brown sign for Caracas. Turn right and go .6 mile to

Turn right and go .6 mile to brown sign for Playuela and Tres Palmitas. Turn right and drive .1 mile to parking area for the Playuela Trail. Walk 10 min on a shaded trail and you're there!

PATA PRIETA* From 997, turn into the Wildlife Refuge at Km Marker 3.2 and go aprox 2 miles. Pass turn to Caracas and continue straight on dirt road for aprox 1 mile and turn right at Pata Prieta sign. After 0.2 miles, follow the road to the right to a small parking area with sign. Walk down the (slippery) gravel path to the left of the sign to the beach. Rough road so 4wd is recommended. Bring a beach umbrella as there is little shade!

LA CHIVA* From 997, turn into the Wildlife Refuge at Km Marker 3.2 and go aprox 2 miles to the end of the paved road. Pass the sign for Caracas and continue straight on the dirt road. La Chiva has numbered spots #1-20. At marker #12 the road splits so stay right if you want to explore La Chiva spots #16-21. There are composting toilets at #3 & #12.

LA PLATA* Follow directions to La Chiva but when road splits take left and go 0.5 miles to reach La Plata. Parking lots/entrances are from #21-26. La Platita is the natural boat ramp at the end of the road.

.....

ON THE WEST SIDE

PLAYA GRANDE* Leave Esperanza on 996 going west and come to a T (rt. 201). Take a left. Go 1 mile to where the road dead ends and take a left. Follow road to the bottom of the hill, where you will be entering the southwest area of the Wildlife Refuge. Take a right onto dirt road to find a beach spot. Great beach for walking. Playa Grande is a turtle nesting beach so be sure to keep dogs on a leash and watch out for roped off nests. If you follow the dirt road west, you will run into the rugged Punta Vaca beach area. Good for hiking and nature exploration, but not safe for swimming.

PUNTA ARENAS* Follow directions to Rompeolas on the north shore but go past turn for pier and drive approximately 2 miles. You will come to a sign that says you are entering northwest area of the Wildlife Refuge. Drive 1 mile and come



to a T / there are spots to the left and to the right with the best snorkeling to your left. Make sure to bring water and bug spray. Nosee-ums come out in the late afternoon.

NORTH SHORE Beaches

SEA GLASS BEACH Drive into Isabel II on 200 and make a left onto main street (Calle Muñoz Rivera). Almost at the end of the street you will see an intersection with a church on your right. Make a left here and at the next intersection make a right. Park on the street (not in the yellow!) and walk to the left of the gazebo down a path to the beach.

LA CHATA Drive by the ferry on your left and go up the steep hill to the right of El Yaté Bar. Go by the lighthouse on your left and take the next right down a steep little hill. Curve to your left and follow along this shoreline road. Pass La Lanchita on left and drive aproximately 0.35 miles to a left turn onto a small dirt drive with two palms and large rocks at the end. La Chata! Keep your eyes open for sea glass. Don't be surprised if you are swimming with horses! Many people come here to exercise them.

EL GALLITO Pass the W on 200 going west and look for a parking area and short peninsula on your right. The beach is on the right. Great place to be at sunset!

EL PARQUE CEIBA Go west on 201 approximately1 mile past the airport and follow the sharp curve to the right. Go down a small hill and the Ceiba tree is on your right. Enjoy the Ceiba tree without climbing, marking or damaging the roots.

ROMPEOLAS Follow directions to the Ceiba tree but pass the Ceiba and continue on the main road to the left. Take the next right at the empty concrete structure with parking lot and this road will take you to the pier. Rompeolas pier is 1 mile long so it is great for beginning joggers or walkers! Great snorkeling on the left side of the pier but go with a guide. Twice a day the cargo barge docks at Rompeolas so you will find traffic in the early morning and late evening.

...... BLAYDIN BEACH OR MOSQUITO BEACH Follow directions to the pier but right before

going out onto the pier there is a small sandy road to the left that leads to a shallow beach.

No-see-ums = sandflies that come out at sunset and they bite!

.....

MUNITIONS SAFETY If you see something



RECOGNIZE RETREAT

that could be a munition, follow the 3Rs.

REPORT

Cell Service at the Beach If you hire a publico to take you to the beaches remember to arrange a pick up time before they drive off because cell service may not be available. PUBLIC USE ALLOWED. ACCESO AL

PÜBLICO PERMITIDO.

HAZARD.

EXPLOSIÓN.

ESTA AREA

DO NOT ENTER. EXPLOSIVE

NO ENTRE. PELIGRO DE

MARINARS PROHIBITED FROM

A LOS NAVEGANTES ENTRAR A

MARINERS ARE PROHIBITED

FROM ANCHORING, DREDGING,

OR TRAWLING IN THIS AREA. SE

ANCLAR, DRAGAR O LA PESCA DE

PROHIBE A LOS NAVEGANTES

ARRASTRE EN ESTA ÁREA.

Vieques has the highest

number of public beaches

of all the municipalities

in Puerto Rico.

Beaches are in protected areas

and are safe. Stay in the

designated public areas.

Never enter restricted areas

that are marked with

extensive signage.

ENTERING THIS AREA SE PROHIBE



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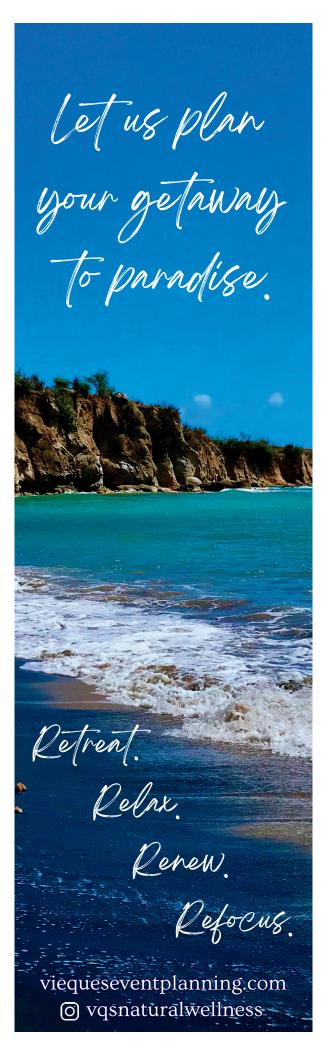
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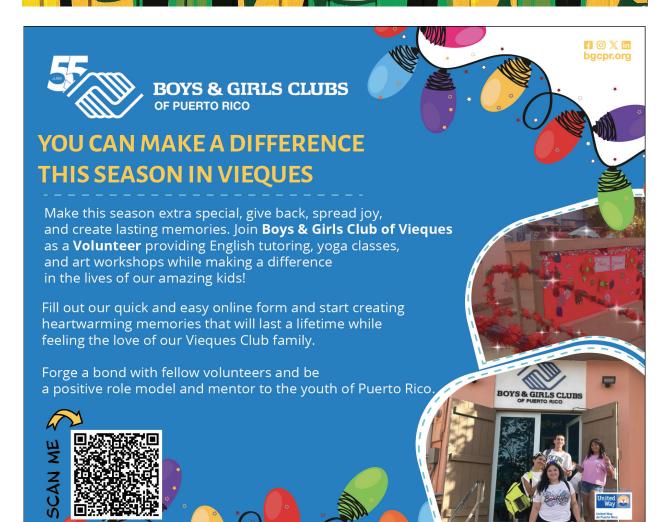
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ACCOMMODATIONS

On Vieques, accommodation options are diverse, ranging from charming guesthouses to luxurious villas and cozy Airbnbs, ensuring something for everyone. Chain hotels and all-inclusive resorts are notably absent. Expect exceptional places with hospitable hosts, but plan and communicate well to ensure a delightful stay.





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Hix Island House

787-435-4590 www.hixislandhouse.com

Isla Hermosa Guesthouse

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Las Terrazas

www.lasterrazas.biz

Lazy Guesthouse

787-741-5555 www.lazyguesthouse.com

Lejos Eco Retreat

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Malecon House

939-239-7113 www.maleconhouse.com info@maleconhouse.com

Martineau Belle Playa

www.luxuryvillavieques.com Rene - 787-409-3057

Old Crow Hotel & Suites

787-741-0001 www.oldcrowhotel.com

Orita

510-682-3064 airbnb-orita

SeaGate Hotel and Horseback Riding

201-450-8238 787-741-4661 www.seagatehotel.com

The Vieques Guesthouse

787-435-1513 www.theviequesquesthouse.com

Tradewinds

787-710-7440 www.tradewindsvieques.com

Villa Dos Palmas

802-272-0704 www.villadospalmas.net

CULEBRA ISLAND

Pelicano Oceanfront Villa Rentals

787-398-8635 artetropical3@gmail.com www.villapelicanoculebra.com

CAMPING ON VIEQUES

SunBay National Park offers beachside camping with ocean views and a milelong stretch of sandy beach and turquoise water. Camping costs \$10.00 per night and is located in the field to the right of the SunBay administrative building. Check-in and out are coordinated through the Reserve Manager or staff. Facilities include open outdoor showers and a public bathroom, but campers need to bring their own supplies and paper products.

To camp, visitors need to check in at the SunBay administrative offices,

open Monday to Friday from 8:30 am to 5 pm. Head straight into SunBay (off Rt. 997) and continue straight to the walled parking area. The administrative offices are on the left under the roofed plaza. If arriving after office hours, campers can set up and pay the next day. Note that the camping area is partially fenced, allowing horses to roam, so campers need to be cautious about tent placement and avoid feeding or petting the horses.

- The SunBay main gate off Rt 997 is open 24/7 and the entrance fee is \$4.00 per vehicle, per day from 9am to 5pm. Walking in is free.
- Located next to the administrative offices is Arenamar Café which is open Friday to Sunday for lunch, including vegetarian options.



ACCOMMODATIONS				El Doccador Eiching ^Q Marina Ch	ara 707 221 2624
ACCOMMODATIONS Altamira alta	ımiraviegues.com	ATTORNEY		El Pescador Fishing & Marine Sto Salty Spirit	787-477-8664
At the Waves	201-707-8476	Gino Negretti VQS Office	e 787-725-5500	Taino Aqua Adventures	787-349-6964
Bananas Guesthouse	787-354-0020	San Juan Office	787-467-4349	Wai Vie	787-247-3249
Blue Horizon Boutique Resort Casa de Amistad	787-741-3318 787-247-1017	BIKE TOURS/RENTAL		GROCERY	
Casa Colores	443-961-5242	Black Beard Sports	939-283-6841	Family Market	787-968-3130
Casa Corona	404-788-2262	Bieque Eco Trips	787-922-2701	Superdescuento Morales	787-306-3316
Casa Coqui Verde	787-477-5182	JAK Water Sports	787-644-7112	Pescaderia/Fish Market	787-349-8660
Casa Fuerte Casa Iguana	802-272-0704 802-683-6474	Fun Brothers	787-435-9372	HARDWARE STORE	
Casa Tesoro	on Facebook	BIOBAY TOURS		Rosa's Depot	787-741-1307
Casita Cerromar	804-306-3423	Abes	787-435-1362	•	
Crab Island Adventures	787-608-8983	Aqua Sunset Tours	939-208-6147	HIKING TOURS	000 000 0044
EcoCasa El Blok	617-335-4863 787-741-6020	Bieque Eco Trips Black Beard Sports	787-922-2701 939-283-6841	Black Beard Sports Ticatove 787	939-283-6841 7-428-8288 (text)
Encantada	786-239-7591	Fun Brothers	787-435-9372	ricatove 707	1-420-0200 (text)
Finca Victoria	787-646-0011	Isla Nena Bio Bay Tours (boat)	787-403-5581	HORSEBACK RIDING	
Hacienda Tamarindo	787-741-8525	Jak Water Sports	787-644-7112	Colon Horseback Riding	787-237-9236
Hix Island House Isla Hermosa Guesthouse	787-435-4590 787-370-3321	Salty Spirit Taino Aqua Adventures	787-477-8664 787-349-6964	Esperanza Riding Company Jurutungo Farm	787-435-0073 215-692-7374
Lazy Guesthouse	787-741-5555	Tropical Reef Water Sports	787-249-8914	Sea Gate Hotel	201-450-8238
La Lanchita	845-891-1502	Wai Vie	787-247-3249		
	800-774-4717			INTERNET	000 000 0074
Lejos Eco Retreat Malecon House	787-254-8236 939-239-7113	CAR RENTAL / AUTOMOTIVE Avis Ceiba 787-885-0505 / VQ	C 707 207 2E22	FireFi	939-239-3871
Old Crow Hotel & Suites	787-741-0001	Coqui Car Rental	787-741-3696	JET SKIS	
Orita	510-682-3064	Fun Brothers	787-435-9372	Fun Brothers	787-435-9372
SeaGate	201-450-8238	Island Jeep Rental	787-741-0190	Tropical Reef Water Sports	787-249-8914
6 114 6 161 1	787-741-4661		0078, 500-1666	VAVAV TOURS	
SoliMar Guest Studios Suenos del Mar (Fajardo, PR)	787-980-8717 787-435-0221	Scooters for Rent Viegues Car Rental	939-437-2053 787-412-8540	KAYAK TOURS Abes	787-435-1362
The Blue	787-741-3318	vieques cai iteritai	707-412-0340	Biegue Eco Trips	787-922-2701
The Haven	on Facebook	CAR WASH AND DETAILING		Black Beard Sports	939-283-6841
Tradewinds Guesthouse	787-710-7440	JDtailing Shampoo & Car Wash	787-556-6458	Fun Brothers	787-435-9337
The Vieques Guesthouse	787-435-1513	CATEDEDS		Salty Spirit	787-477-8664
Villa Dos Palmas Culebra	802-272-0704	CATERERS Biekes Bistro	787-435-9339	Jak Water Sports Taino Agua Adventures	787-644-7112 787-349-6964
Pelicano Oceanfront Villa Renta	ls 787-398-8635	Cocina de Vicente	787-232-7386	Wai Vie	787-247-3249
		Dexters BBQ Catering	787-435-9173		
ACCOUNTANT	707 026 7406	La Tabla del Chef	939-208-4964	LANDSCAPING	707 470 5001
Victor Simmons	787-936-7496	Nicole Olivelli Your Personal Chef (Waldo)	787-435-1569 787-487-4244	Anchor Landscaping Tree Tender	787-479-5801 860-428-4386
AGRICULTURE		Tour Tersonal Cher (Waldo)	707-407-4244	nee render	000 120 1300
Arte Tropical	787-925-8354	CONSTRUCTION/HANDYMAN		LAUNDROMAT	
Finca Consciencia	787-502-4088	Centro Commercial Florida	787-741-2571	Isla Nena Laundromat	787-435-5615
Isla Nena Composta JaFlor	787-309-8408 267-968-4197	EDK Design Services Enid Medina	787-435-3548 787-308-8501	LIQUOR	
La Colmena Cimarrona	787-502-4088	Ferreteria Victoria	787-741-3061	Crab Island Rum Distillery	787-934-8015
	7-765-8000 x3921	Isla Nena Renovations	787-233-1560	,	
		Island Services & Management	787-238-9108	MASSAGE	. 707 040 0044
AIRLINES Agratavi Charters	787-718-8869	M&M of Vieques Navarro Construction	787-741-2577 787-741-2577	Ayurvedic Wellness at Finca Vict Ayurveda Yoga & Massage	oria 787-646-0011 970-729-0505
Aerotaxi Charters Air Flamenco	787-718-8869 787-724-1818	Rosas Depot	787-741-2577 787-741-1307	Beatriz Beauty Boutique & Spa	787 556 8662
Air Sunshine	954-434-8900	Thompson Construction	203-217-1454		470-5495 (Tanya)
Cape Air	800-227-3247	Tony's Painting	787-602-8359		9-5556 (Pamela)
M&N Aviation	787-791-7090	Tony Handyman	787-556-9941	Vieques Massage Ingrid Bergma	n 787-435-1313
Sebatian Aero Services Inc. Viegues Air Link	787-630-5389 888-901-9247	Vieques Locksmith	787-564-5120	MEDICAL CANNIBIS DISPEN	SARV
Viedues All Ellik	000-301-3247	DANCE CLASSES		Punto Verde (Fajardo)	787-420-1021
ANIMAL WELFARE		Aurita	787-477-1334	, , ,	
Hooves on the Ground	787-308-7876	Ivette Yolanda	787-435-1289	MUSEUMS	707 275 0525
Juntos Our Big Fat Caribbean Rescue	787-436-6817 787-349-8480	DERMATOLOGIST		Forte Conde Mirasol Viegues Historical	787-375-0525
Viegues Humane Society	707 373-0400	Elena Nogales	787-860-4500	& Conservation Trust	787-741-8850
& Animal Rescue	787.741.0209	<u> </u>			
ADOLUTEOTO		ELECTRICIANS	707 440 0000	PADDLEBOARD	707 405 4000
ARCHITECTS Arguitecto Stanley Hutchinson	787-556-5537	High Quality Electrical Contractor	/8/-446-6063	Abes Biegue Eco Trips	787-435-1362 787-922-2701
Arquitecto Stariley Hutchinson	767-556-5557	ELECTRONICS/PHONE ACCES	SORIES	Black Beard Sports	939-283-6841
ART GALLERIES/LESSONS/A	RTISTS		4/787-435-2024	Fun Brothers	787-435-9372
Carmen Lund / Painting Classes		Quiñones Electronics	787-400-1183	Jak Water Sports	787-644-7112
Art Vault /Ernesto Peña	939-248-7200	EQUIPMENT RENTAL		Nauti Mermaid Wai Vie	754-216-8168 787-247-3249
Fuerte Conde Mirasol Galleria Isabel Segunda	787-375-0525 207-467-0590	Agua Sunset Tours	939-208-6147	wai vie	707-247-3249
Oro Viegues	510-682-3064	Bieque Eco Trips	787-922-2701	PHOTOGRAPHY/VIDEO	
Kadosh Art Gallery	787-371-8390	Black Beard Sports	939-283-6841	E.P. Anderson Photography	971-605-9406
Linda Castren	828-243-2565	Fun Brothers	787-435-9372	Daniel Fernández Photography	323-578-5788
Lucky One Designs Luna Loca	787-223-8203 843-271-1910	Jak Water Sports	787-644-7112	PHYSICIANS/MEDICAL SERV	ICES
Lulu Atkin Ceramics	787-232-4976	EXTERMINATORS		ASSMCA	787-741-4767
Painted Paw Studio/Sarah Shea		AAA Pest Control	939-777-4917	Behavioral Health Care	888-440-8787
Sandra Reyes	787-435-1155	Isla Nena Exterminating	787-310-1363	Centro Quiropráctico	787-741-0414
Siddhia Hutchinson	707 FFC F400	Professional Exterminating	787-449-6950	Consejería Psicológica	787-547-9467
Glen Wielgus Gallery Viegues Historical Trust	787-556-5409 787-741-8850	FISHING		Dra. Daphne Torres (Dentista) Farmacia San Antonio	787-741-1916 787-741-8397
cques mistoricui must	757 7-11 0000	Abes	787-435-1362	Dra. Ivette Perez	787-468-2000
BEE REMOVAL		Amity Charters	787-502-3839		87, 787-366-1931
Apiario Bieke	787-312-5848	Bieque Eco tours	787-922-2701	Dra. Fanny Garraton (dentist)	787-741-8765
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Health Pro Med	000 001 005 4	Conzac	707 425 2001	Beatriz Beauty Boutique & Spa	787-556-8662
Hospicio Dr. Luis Rivera	800-981-0054 787-718-2250	Gonzos Vriety's on the Caribo	787-435-2801 717-226-6257	Finca Victoria	787-646-0011
		Kristy's on the Caribe La Tabla del Chef	939-208-4964	Viegues Boutique Spa	939-279-6920
Vieques CDT 787-685-396	0, 787-741-0398			vieques boutique spa	333-273-0320
DOOL MAINTENANCE		Lazy Jacks Pub	787-741-1447	TOWING	
POOL MAINTENANCE	707 470 5004	Mama Mia	787-692-0742		020 220 0022
Anchor Landscaping	787-479-5801	Mango Taphouse & Gastropub	939-891-2764	Alex	939-238-9033
Pool Spa Tech Services	787-506-4898	Marshmallows	787-930-2365	Biggie	787-233-0879
		Placita @ El Blok	787-741-6020	Chepo Towing	787-966-3985
PUBLICOS/TAXIS		Robin's Mojito Bar	787-231-8484	Freddy	787-608-9914
A to B taxi -Liza and Arturo	787-981-8023	Rincon del Café	787-423-4336	Josaen Maldonado	939-247-9825
Angel Hernandez	787-425-3919	Rincon del Sabor	939-358-1783		
Angel	787-243-2564	Rincontaco	939-239-4808	TRANSPORT	
	or 939-224-2773	Rising Roost (Guake'te)	on Facebook	Gofers	787-220-0943
Angie Chauffeur	787-455-4596	Sabor Unico, Inc	787-435-5243	Island Services & Management	787-238-9108
Cocolo (late night)	787-328-3940	Mar Azul	939-402-9696	Tranka Transport	939-475-0687
Danny (Pinita)	787-556-9623	Taverna	787-438-1100	·	
Diego Quiñones	787-590-7068	Trade Winds Restaurant	787-710-7440	VET	
Esteban Carle (Tebín)	787-486-1145			Viegues Humane Society	
Esteban Ortiz (Tolo)	787-435-9608	SAILING		& Animal Rescue	787-741-0209
Freddi	787-672-9264	Viegues Sailing Charters	939-332-5778		
		vicques suming offurters	303 002 0770	WEDDING/EVENT PLANNERS	
Gabriel Cordero	787-245-7068	SCUBA		Eva Bolivar	787-402-0357
Gerry's Transportation	787-710-6667	Blackbeard Sports	939-283-6841	Green Eyed Girl Weddings	971-506-9406
	787-988-5357	ыаскреата эропіз	333=203=0041	Viegues Natural Wellness	787-436-1055
Hector (Tito)	787-219-3899	CEDVICEC		viednes ivarniai meilliess	707-430-1033
Heraldo Pérez	787-710-6667	SERVICES Best Life Tarot Consults	2022442565	VOCA / LIFECOACHING	
José Felix (Cheo)	787-486-9202		2032143565	YOGA / LIFECOACHING	070 720 0505
Juan Carmona	787-645-2329	Edwin appliance repair	787-209-1709	Ayurveda Yoga & Massage	970-729-0505
Kalet Pérez	787-585-9560	Francisco washer/dryer repair	787-209-0059	Esperanza Yoga w/Valerie	508-945-7643
Miguel Ayala	787-328-3940	Narcotics Anonymous	508-873-4576	Vieques Natural Wellness	787-436-1055
Tata Robles	787-486-0267	Isla Nena Exterminating	787-310-1363	Vieques Pilates, Yoga & Wellness	231-383-1885
Tuty	787-380-3007		4/787-435-2024		
Letty Perez/Kiany Tours	787-556-6003	JDtailing Shampoo & Car Wash	787-556-6458	MUNICIPAL / GOV. AGENCIES	5/
M&M Taxi	939-208-1600	Gofers	787-220-0943	PUBLIC SERVICE	
	7-741-TAXI 8294	Marc Weems	787-564-5120	Banco Popular	787-741-2071
Viegues Tours & Transportation	787-397-2048	Recycling 787-	-741-5000 x2351	City Hall/Alcaldía	787-741-5000
rioques iouis a riansportation	707 007 2010	Tony's Painting	787-602-8359	Sun Bay	787-741-8198
PUBLICOS/TAXIS PUERTO RI	CO PUBLICOS	Upholstery NorthStar Canvas	945-882-8229	US Fish and Wildlife Office	787-741-2138
(CEIBA AND SAN JUAN AREA		Viegues Gas	787-741-2551	Recycling Office	787-741-5000
CR Transportation (Puerto Rico)	787-614-8874	WASPR,Inc.	939-717-2121	Post Office	787-741-3891
	7, 787-385-7604	Vieques Tech Services	858-337-3116	PR Tourism Office Viegues	
	0/ 787-398-0231	Viegues Humane Society	000 007 0110	Airport	787-741-2300
		& Animal Rescue	787.741.0209	Isabel II	787-741-0800
Als taxi	787-590-9001	a Allilla Reseac	707.741.0203	AAA Autoridad de Acueductos	787-620-2482
Efrain Ortiz	787-225-4944	SHOPPING		FWS	787-741-2138
John's Publico	787-354-5851	Atrevida at El Blok	787-741-6020	Viegues Post Office	202-791-7632
John Rosario	787-354-5851		787-590-8575	Viegues Gas	787-469-7734
	939-272-1968	Bazar la Caridad (thrift)		Viegues Gas Viegues Covid Hotline	787-340-3837
José Segura					/0/-340-303/
Angelito	939-224-2760	Dulce Mango	facebook	vicques covia riotilie	
0		El Pescador Fishing & Marine Sto	re 787-231-2624	·	
Angelito	939-224-2760	El Pescador Fishing & Marine Sto Finca Victoria	re 787-231-2624 787-646-0011	EMERGENCY	707 744 00 04/044
Angelito Julian	939-224-2760 787-245-6145	El Pescador Fishing & Marine Sto Finca Victoria Lulu's Ceramics	re 787-231-2624 787-646-0011 787-232-4976	EMERGENCY Ambulance	787-741-8261/911
Angelito Julian Palma's Transportation /Jay	939-224-2760 787-245-6145 787-627-8264	El Pescador Fishing & Marine Sto Finca Victoria Lulu's Ceramics Luna Loca 787-685-2992	787-231-2624 787-646-0011 787-232-4976 7, 803-292-3862	EMERGENCY Ambulance Hospital	787-741-3282
Angelito Julian Palma's Transportation /Jay	939-224-2760 787-245-6145 787-627-8264	El Pescador Fishing & Marine Sto Finca Victoria Lulu's Ceramics Luna Loca 787-685-2992 MamaPlaya Himalaya	787-231-2624 787-646-0011 787-232-4976 7, 803-292-3862 787-548-1010	EMERGENCY Ambulance Hospital	787-741-3282 7-741-8261 or 911
Angelito Julian Palma's Transportation /Jay Hernan Nieves PUBLICATIONS /PRINTING	939-224-2760 787-245-6145 787-627-8264 787-674-0984	El Pescador Fishing & Marine Sto Finca Victoria Lulu's Ceramics Luna Loca 787-685-2992	787-231-2624 787-646-0011 787-232-4976 7, 803-292-3862	EMERGENCY Ambulance Hospital	787-741-3282
Angelito Julian Palma's Transportation /Jay Hernan Nieves	939-224-2760 787-245-6145 787-627-8264	El Pescador Fishing & Marine Sto Finca Victoria Lulu's Ceramics Luna Loca 787-685-2992 MamaPlaya Himalaya	787-231-2624 787-646-0011 787-232-4976 7, 803-292-3862 787-548-1010	EMERGENCY Ambulance Hospital Emergency 78:	787-741-3282 7-741-8261 or 911
Angelito Julian Palma's Transportation /Jay Hernan Nieves PUBLICATIONS /PRINTING Jo-chanel Crafts & Print Shop	939-224-2760 787-245-6145 787-627-8264 787-674-0984 787-387-7597	El Pescador Fishing & Marine Sto Finca Victoria Lulu's Ceramics Luna Loca 787-685-2992 MamaPlaya Himalaya Muebleria Quiñones	re 787-231-2624 787-646-0011 787-232-4976 2, 803-292-3862 787-548-1010 787-400-4004	EMERGENCY Ambulance Hospital Emergency 787 Fire Dept	787-741-3282 7-741-8261 or 911 787-741-2111
Angelito Julian Palma's Transportation /Jay Hernan Nieves PUBLICATIONS /PRINTING Jo-chanel Crafts & Print Shop Vieques Insider Magazine	939-224-2760 787-245-6145 787-627-8264 787-674-0984 787-387-7597	El Pescador Fishing & Marine Sto Finca Victoria Lulu's Ceramics Luna Loca 787-685-2992 MamaPlaya Himalaya Muebleria Quiñones Ola Loca Beach Store	re 787-231-2624 787-646-0011 787-232-4976 8, 803-292-3862 787-548-1010 787-400-4004 843-271-1910	EMERGENCY Ambulance Hospital Emergency 787 Fire Dept Police Municipal Office	787-741-3282 7-741-8261 or 911 787-741-2111 787-741-2020
Angelito Julian Palma's Transportation /Jay Hernan Nieves PUBLICATIONS /PRINTING Jo-chanel Crafts & Print Shop Vieques Insider Magazine REAL ESTATE	939-224-2760 787-245-6145 787-627-8264 787-674-0984 787-387-7597 787-435-3172	El Pescador Fishing & Marine Sto Finca Victoria Lulu's Ceramics Luna Loca 787-685-2992 MamaPlaya Himalaya Muebleria Quiñones Ola Loca Beach Store Oro	re 787-231-2624 787-646-0011 787-232-4976 4, 803-292-3862 787-548-1010 787-400-4004 843-271-1910 510-682-3064	EMERGENCY Ambulance Hospital Emergency 787 Fire Dept Police Municipal Office	787-741-3282 7-741-8261 or 911 787-741-2111 787-741-2020 787-741-5000
Angelito Julian Palma's Transportation /Jay Hernan Nieves PUBLICATIONS /PRINTING Jo-chanel Crafts & Print Shop Vieques Insider Magazine	939-224-2760 787-245-6145 787-627-8264 787-674-0984 787-387-7597 787-435-3172 787-550-6913	El Pescador Fishing & Marine Sto Finca Victoria Lulu's Ceramics Luna Loca 787-685-2992 MamaPlaya Himalaya Muebleria Quiñones Ola Loca Beach Store Oro Quiñones Electronics	re 787-231-2624 787-646-0011 787-232-4976 4, 803-292-3862 787-548-1010 787-400-4004 843-271-1910 510-682-3064 787-400-1183	EMERGENCY Ambulance Hospital Emergency 787 Fire Dept Police Municipal Office	787-741-3282 7-741-8261 or 911 787-741-2111 787-741-2020 787-741-5000 1, 939-239-4164
Angelito Julian Palma's Transportation /Jay Hernan Nieves PUBLICATIONS /PRINTING Jo-chanel Crafts & Print Shop Vieques Insider Magazine REAL ESTATE Bravos Boyz	939-224-2760 787-245-6145 787-627-8264 787-674-0984 787-387-7597 787-435-3172 787-550-6913 787-550-6917	El Pescador Fishing & Marine Sto Finca Victoria Lulu's Ceramics Luna Loca 787-685-2992 MamaPlaya Himalaya Muebleria Quiñones Ola Loca Beach Store Oro Quiñones Electronics Rosas Depot	re 787-231-2624 787-646-0011 787-232-4976 803-292-3862 787-548-1010 787-400-4004 843-271-1910 510-682-3064 787-400-1183 787-741-1307	EMERGENCY Ambulance Hospital Emergency 787 Fire Dept Police Municipal Office 787-741-505	787-741-3282 7-741-8261 or 911 787-741-2111 787-741-2020 787-741-5000 11, 939-239-4164
Angelito Julian Palma's Transportation /Jay Hernan Nieves PUBLICATIONS /PRINTING Jo-chanel Crafts & Print Shop Vieques Insider Magazine REAL ESTATE Bravos Boyz Colibrí Realty	939-224-2760 787-245-6145 787-627-8264 787-674-0984 787-387-7597 787-435-3172 787-550-6913 787-550-6917 845-430-7479	El Pescador Fishing & Marine Sto Finca Victoria Lulu's Ceramics Luna Loca 787-685-2992 MamaPlaya Himalaya Muebleria Quiñones Ola Loca Beach Store Oro Quiñones Electronics Rosas Depot Scallywags	re 787-231-2624 787-646-0011 787-232-4976 803-292-3862 787-548-1010 787-400-4004 843-271-1910 510-682-3064 787-400-1183 787-741-1307	EMERGENCY Ambulance Hospital Emergency 78. Fire Dept Police Municipal Office 787-741-505	787-741-3282 7-741-8261 or 911 787-741-2111 787-741-2020 787-741-5000 11, 939-239-4164 US
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Health Pro Med

El Plaza

Finca Victoria

787-468-2000

Fusion @Vieques Guesthouse

787-435-1513

SPA/SALON/ESTHETICIAN/HAIR

939-391-4916

787-646-0011



VIEQUES **Water** adventures

Dive into a World of Possibilities Beneath the Waves

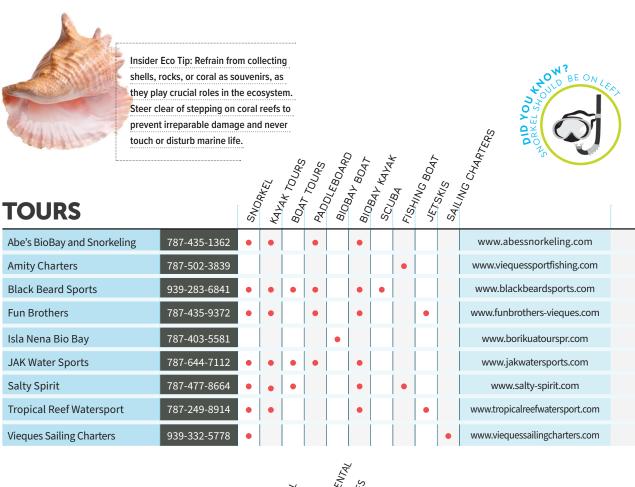
Discover Vieques' vibrant underwater world with must-see attractions. Its Bioluminescent Bay, recognized as the world's brightest, offers a breathtaking light display at night. Learn about bioluminescence and local conservation efforts at the Vieques Conservation and Historical Trust in Esperanza.

Explore the island's colorful marine life through snorkeling tours, ranging from boat excursions to hidden reefs requiring guides and kayaks. Dive deeper with scuba diving classes from beginner to advanced levels with experienced guides.

Paddleboarding in calm waters is a popular family activity. For mangrove exploration, fishing, or open water adventures, consider kayaking tours tailored to your interests. For an adrenaline rush, jet-ski rentals are available in Esperanza, or join guided tours to white sand beaches (exercise caution around other watercraft and reefs).

Charter a boat for snorkeling trips to vibrant offshore reefs or book a fishing expedition for a memorable catch.

SAFETY FIRST! When venturing out to the watery wonders of Vieques you are better off not doing it on your own. The charters and tours available here are inexpensive, educational and the captains and guides know how to keep you and your family safe.



EQUIPMENT RENTAL SOLUTION SOL											
EQUIPMENT REI	NTAL	SNORK	KAYAK	PADDIE	FISHING	BIKES	MATED	ELECTO	BEACH	JETSKI	
Black Beard Sports	939-283-6841	•	•	•	•	•		•			www.blackbeardsports.com
Fun Brothers	787-435-9372	•	•	•				•	•	•	www.funbrothers-vieques.com
JAK Water Sports	787-644-7112	•	•	•		•					www.jakwatersports.com
Pescador Fishing & Marine Store	787-231-2624	•			•						



"Golden Buddha" by Siddhia Hutchinson. Mixed media collage.

SHOP, PAINT, LEARN

ISABEL II

DULCE MANGO Mon-Fri 12-4 Sat 10-2

EL PESCADOR FISHING & MARINE SUPPLIES

Call 787-231-2624

FINCA VICTORIA Everyday 8-7

LUNA LOCA ART GALLERY AND GIFT SHOP

803-292-3862 787-685-2992 Mon-Sat 9-6 Sun 9:30-4:30

OLA LOCA BEACH STORE

843-271-1910 Mon-Sat 9-5:30 Sun 9:30-2:30

MAMAPLAYA HIMALAYA

787-548-1010 Everyday 10-5

SCALLYWAGS

787-966-7540 Mon-Sat 9-5 Sun 9-2

ESPERANZA

ATREVIDA AT EL BLOK

787-741-6020 Everyday 9-9

ROSAS DEPOT

787-741-1307 Mon-Fri 7:30-4 Sat 8-12

VIEQUES CONSERVATION AND HISTORICAL TRUST GIFT SHOP

787-741-8850 Mon-Sat 10-12, 1-3

VIEQUES GIFTS

787-435-1244 everyday 10-5

TRADEWINDS GIFT SHOP

787-710-7440 Everyday 11-5

DEC 14TH HOLIDAY STROLL

Stores stay open 5pm-9pm for refreshments and shopping!

ART GALLERIES & SHOP

EL FORTÍN CONDE MIRASOL

Wed-Sun 8-12

SIDDHIA HUTCHINSON AND GLEN WIELGUS GALLERY

787-556-5409 Mon-Sat 10-2 Sometimes Sun

LULU'S CERAMICS

787-232-4976 Thurs & Sat 10-2

ORO VIEQUES GALLERY AND STORE

510-682-3064 facebook/orovieques

ART CLASSES

THE ART OF SEEING

203-444-1806 private or group classes

PAINTED PAW STUDIO

615-812-9144 facebook/insta @ paintedpawstudio



Vieques Natural Wellness Yoga

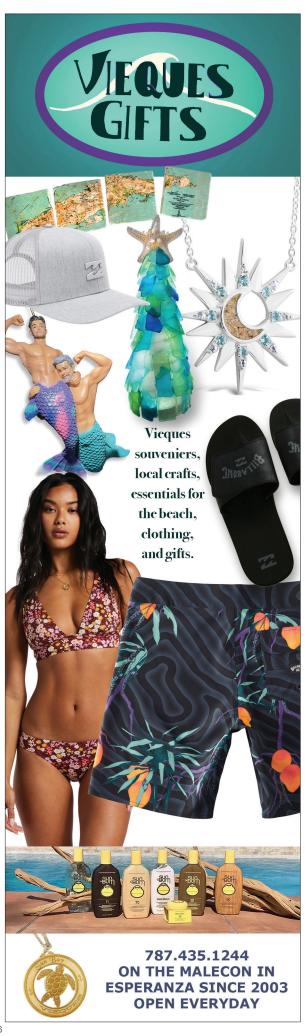




YOGA, TAI CHI, DANCE S S S S S S S S S S S S S S S S S S S									
DANCE	NOW	7 VES	WED	THUPS	F.	587	SCIN	CAS .	
Vieques Natural Wellness Yoga	5pm El Blok Rooftop	check facebook	9AM Tradewinds	check facebook	9AM Tradewinds	6:30am El Blok Rooftop		•	787-436-1055
Finca Victoria Yoga				8am everyda	y vinyasa				www.lafinca.com
Tai Chi		5pm Qigong	8:30am Tai Chi		8:30am Qigong			•	Sunbay pavilion
Alicia Yoga								•	970-729-0505
Zumba w/Aurita	5pm Plaza Isabel II		9am Coliseum Isabel II		5pm Plaza Isabel II				787-477-1334
Ivette Yolanda Dance								•	787-435-1289

TREAT YOURSELF	Massage	Couples	spesseu, spessege	hair stylic	esthetic st.	aromath,	Adea stuvedic to	mani, ped.	hs solves
Ayurveda Yoga Massage	•					•			
Beatriz Beauty Boutique	•	•	•	•	•	•		•	•
Finca Victoria	•	•	•		•	•	•		
Rising Dawn	•	•				•			
Vieques Massage	•								
Vieques Boutique Spa			•		•			•	•

970-729-0505	ayurvedayogaalchemy
787-556-8662, 787-394-0414	beatrizbeautyboutique.com
787-646-0011	www.lafinca.com
248-470-5495, 939-389-5556	Rising Dawn Therapeutic Massage
787-435-1313	www.viequesmassage.com
939-279-6920	IG-The_v_viequesboutiquespa





OUR AMAZING BIOBAY

There are few places in the world that classify as bioluminescent "bays". Puerto Mosquito, Vieques' bioluminescent bay, is considered by many to be one of the less known wonders of the world, having been declared the brightest in the world by Guinness World Records. The experience of taking a guided tour should absolutely not be missed if you are visiting. It is an experience that will stay with you a lifetime.





The magic of the Biobay is created by single cell organisms called Pyrodinium bahamense (whirling fire of the Bahamas), a type of luminescent dinoflagellate. This single cell microscopic plankton is able to convert

chemical energy into light energy by synthesizing luciferin with the enzyme luciferase, plus oxygen, produces a bluish-green light. The glow is thought to be a defense mechanism. The highest concentration of dinoflagellates in the bay to date was 3,319,267 per gallon. That concentration varies over time but the Biobay always bedazzles.



THE CONDITIONS

ALL FOUR TYPES
OF MANGROVES
LIVE IN THE BAY
AND ARE PART OF
THE ECOSYSTEM



MANGROVES provide nutrients for the dinoflagellates.

MARROW, SHALLOW ENTRANCE TO THE BAY traps dinoflagellates



WATER DEPTH, TEMPERATURE AND SALINITY allow dinoflagellates to thrive.



WINDS from east to west prevent the dinoflagellates from flushing out.







Scan to listen:







Listen to Vieques' history right on your phone.

Scan the QR code and start enjoying our history and hear the facts that make Vieques amazing! These audio tours are a great complement to your visit, as you get insight on the places you explore all around Vieques.

Facts about:

Black Sand Beach Punta Mulas Lighthouse Mosquito Pier Archeological Findings Simon Bolivar NAVY Ocupation







where to dine



RESTAURANTS

DINE OUT!		MONON	745	WEDNES	THURSD	FRIDAY	2007	SUNDAL	
AURORA'S CHICKEN & GRILL	787-407-9067		11-4:45						
BANANAS BEACH BAR & GRILL	787-354-0020			11-9				11-9	ESPERANZA
BIEKES BISTRO	787-451-9061			11-11			11-4		ISABEL II
BLUE MOON BAR & GRILL	787-741-3318				9AM-10PM				ESPERANZA
CARAMBOLA AT THE BLUE	787-741-3318			7	7-3 AND 5-1	0			ESPERANZA
CARIBBEAN SMOOTHIE			CHEC	K HOURS AT	CARIBBEA	NSMOOTH	IE.COM		FERRY
COQUI FIRE CAFÉ	787-741-0401			5-9					ISABEL II
CRAB ISLAND RUM DISTILLERY					11	L-5	12-8	11-5	RT. 200
DEXTER'S BBQ	787-435-9173		FI	ND LOCATION	DEXTERS	SBACKYARDB	BQ		MOBILE
EL PLAZA	787-519-9510		5-10						
FINCA VICTORIA	787-646-0011	BREA	BREAKFAST EVERYDAY/VEGAN DINNERS ONLY FRI/RESERVATIONS NEEDED						
KRISTY'S	717-226-6257	7AM-1PM	7AM-1PM 7AM-1PM						ESPERANZA
LAZY JACKS PUB	787-741-1447		11-	1AM		11-	2AM	11-1	ESPERANZA
MAMA MIA	787-692-0742				11-9	11-9			ISABEL II
MANGO PUBLIC HOUSE	939-891-2764	1-9					1-9		RT. 201
MARSHMALLOW'S	787- 930-2365				10-5				ISABEL II
PLACITA @ EL BLOK	787-741-6020	5-10				5-	10		ESPERANZA
ROOFTOP @ EL BLOK (BAR ONLY)	787-741-6020							4-8	ESPERANZA
RISING ROOST (GUAKE'TE)	ON FACEBOOK	8AM-1PM							ISABEL II
MAR AZUL	787-402-9696	11AM-CLOSE 11AM-2AM						1-2AM	ISABEL II
SABOR UNICO, INC	787-435-5243			8AM-5PM		8AM	-9PM		
TAVERNA	787-438-1100					5:30-0	CLOSE		ISABEL II
TRADEWINDS	787-710-7440		4	-8			4-8	9-2	ESPERANZA

Hours are subject to change. Please check the restaurant's facebook page for current hours.

NECESSITIES

GROCERIES

- FAMILY MARKET ISABEL II EVERYDAY 6AM-10PM
- OMORALES SUPERDESCUENTO RT 200 MON-SAT 7:30AM-7PM SUN 7:30AM -12PM Holiday hours change
- MORALES EMPREZAS
 (PORTELA) ISABEL II
 MON-FRI 7AM-8PM
 SAT 7AM-7PM
 SUN 7AM-3PM
- MORALES ALMACENES ISABEL II MON-FRI 7AM-4PM SAT 8AM-12PM
- MOLINO ISABEL II MON-FRI 5AM-9:30 SAT-SUN 6AM-8:30

- VIEQUES FRUIT MARKET (MUNDO) MON-SAT 8AM-6PM
- MAMBOS (RT 997) EVERYDAY 7AM-9PM

GROCERY DELIVERY

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 PUERTO RICO GROCERY PICK
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 CLUB AND WALMART. Trips
 every other thursday. CALL
 787-220-0943 for more info.
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 GROCERIES OPTIONS DE-LIVERED STRAIGHT TO YOUR
 DOOR. Shop at www.avieques.com. Place order by noon on Monday. Groceries delivered on Tuesday.

PESCADERIA (FISH MARKET)

PESCADERIA ANGELYZ NEAR FERRY DOCK MON-FRI 10:30AM-2PM

VEGETABLE STAND

PLACITA REYES
TUES. AND FRI. 8AM-4PM
CORNER OF 200 AND 201

PHARMACY

PHARMACIA REY
52 C. BENITEZ GUZMAN
MON-SAT 8AM-7PM
SUN 10-6

LAUNDROMAT

SISLA NENA LAUNDROMAT MON-FRI 9:30AM-12PM 2PM-4PM SAT 9:30AM-4:30PM 787-435-5615

GAS STATIONS

- THALERIA GAS STATION ISABEL II EVERYDAY 6AM-10PM
- MARISOL GAS STATION MONTE SANTO EVERYDAY 6AM-8PM
- MONTE SANTO
 GAS STATION
 EVERYDAY 6AM-9PM





GO YOUR WAY

With convenient pick-up and drop-off available at both Fajardo and Vieques ferry locations.

To make a reservation call:

1-800-633-3469

Ceiba Office (located at the Ceiba Airport):

787-885-0505

Vieques Office (located on Rt. 200 Vieques): **787-741-0284**

avis.com

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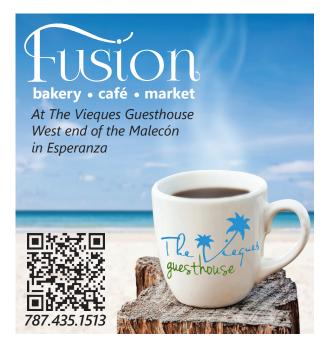


HOURS OF OPERATION: 9AM TO 5:30PM

FOR AVAILABILITY AND RESERVATIONS: WWW.VIEQUESCARRENTAL.COM

787-412-8540

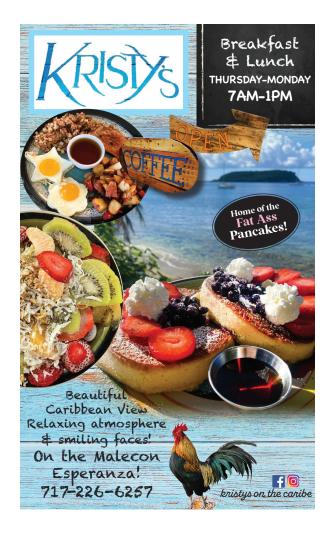
ON RT. 201

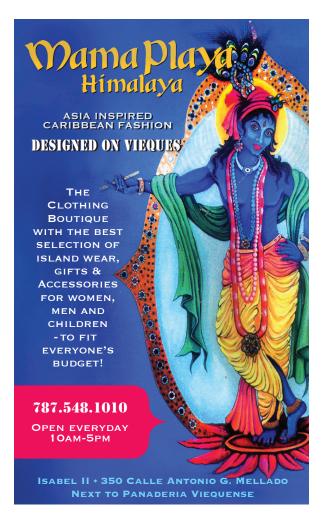


Check out the Vieques Insider website for community events, past issues, a click to call phone directory, a free beach guide and more! www.viequesinsider.com









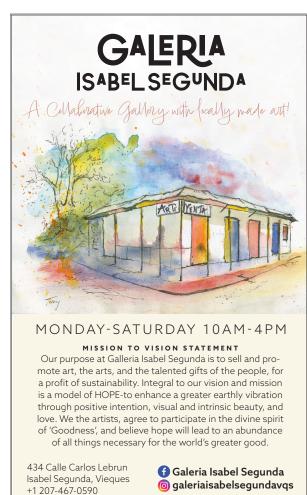


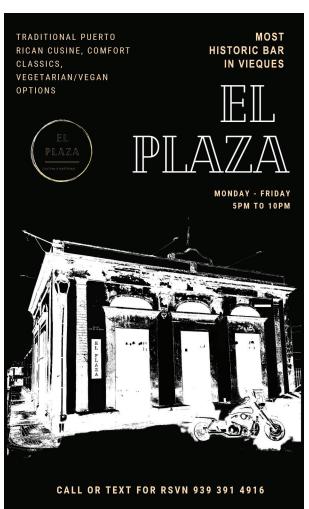
The one stop market for all of your vacation needs! (787) 968-3130

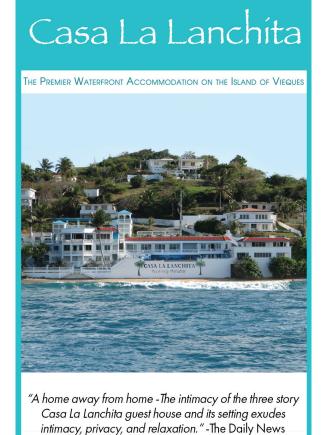


facebook.com/Family-Market-Vieques







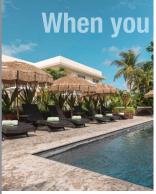


www. CasaLalanchita.com

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Boutique hotel across from the beachside boardwalk in the charming seaside village of Esperanza.









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info@maleconhouse.com

www.maleconhouse.com



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501c3 Non-Profit

Our Big Fat Caribbean Rescue **Needs Donations!** to continue FREE spay & neuters for all our island

animals.



Donations gratefully accepted: ourbigfatcaribbeanrescue.org/#donate Our Big Fat Caribbean Rescue is a 501c3 non-profit offering free sterilization, non-profit vet care and humane education through an extensive community outreach program on the island of Viegues, Puerto Rico. Recognizing sterilization is the most effective model for humane animal population control on the island, OBFCR has proudly provided free spay/neuters to over 4,000 dogs and cats, provided vet care to hundreds and developed programs for dozens of students. OBFCR is proud to be a part of our community, helping our neighbors and their animals. Our great thanks to all our supporters over the years helping us help them.

WHERE TO DONATE OR GET INVOLVED

VQS NON PROFITS

Alapas

787-565-2717

Apiario Bieke

787-312-5848 facebook/ApiarioBieke

Atta

787-930-2365

Boys & Girls Club 787-728-4040

www.bgcpr.org/24160/

Corefi

787-905-6946 www.corefi.org

Fantasia Caribena De Vieques

787-435-2288 facebook/Fantasia-Caribeña-de-Vieques

Fe Que Transforma

787-308-5659 www.fequetransforma.com

Hooves On The Ground

787-308-7876 facebook/Hoovesontheground

Hopebuilders

239-633-2700 www.hopebuildersinc.org

Incubator Bieke Micro, Inc.

787-206-0602

Isla Nena Composta

787-309-8408 facebook/islanenacomposta

Juntos

787-556-9030 www.juntosvieques.com

Jurutungo

215-692-7374 www.jurutungofarm.com

Colmena Cimarrona

787) 502-4088 www. lacolmenacimarrona.org

Our Big Fat Caribbean Rescue

787-349-8480 www.ourbigfatcaribbeanrescue.org

Parque La Ceiba

787-467-4352

facebook.com/Parque-La-Ceiba-De-Vieques Rotary Club Of Vieques

347-366-2211

www.rotaryvieques.com

Sail Relief Team

202-680-8879 www.communitythroughcolors. org

Navy League Vieques

703-528-1775 facebook/navyleaguevieques/

Ticatove

787-428-8288 www.ticatove.org

Vieques Concert Society

787-225-5604 www. viequesconcertsociety. org

Vieques Tenis

787-435-2187 facebook/vieques.tenis.1

Vieques Conservation and Historical Trust

787-741-8850 www.vcht.org

cateinc/

Vieques Emergency Response Inc

787-901-7500 facebook/vqsemergency

Viegues En Rescate, Inc.

787-408-7161 facebook/viequesenres-

Vieques Humane Society & Animal Rescue

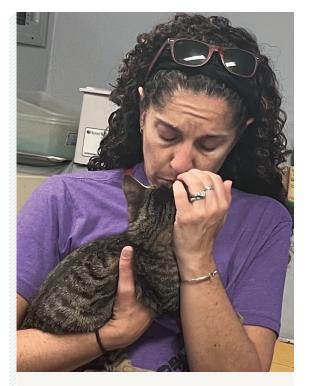
787.741.0209 www.viequeshumanesociety.

Vieques Island Animal Sanctuary

787-435-4306 www.viequesanimalsanctuary.

ViequesLove

787-556-8731 www.viequeslove.org



A Special Kind of "VOLUN-TOURISM"

Visitors come to the islands to create forever memories. Here's one you might not have anticipated... helping a homeless dog or cat find forever love.

Did you know shelter pets:

- need enrichment activities every day?
- can get shelter fatigue and stress?
- need practice being part of a family to make them more adoptable?

Can you spare a little time while visiting Vieques to help a homeless pet?

Volunteer opportunities at Vieques Humane Society, our island's ONLY public animal shelter:

- Beach Doggy or Kitty Cuddle Session. Spend a little time with a shelter pet or take a pup for a beach walk.
- Dog for a Day. Our dogs love car rides, beach days, and day-trip adventures.
- Vacation Pet Proxy. Are your accommodations pet friendly? Consider fostering a shelter pet during your stay.
- Pet Escort. If you don't mind an extra carry-on, VHS animals often need to hitch a ride to folks waiting for them stateside (no cost to you).
- It's a Keeper. You've decided to adopt your new best friend. VHS can help with all the travel details, including what to do if you are travelling before your pet can see the vet (a travel requirement).
 See https://viequeshumanesociety.org/travel

Vieques Humane Society & Animal Rescue, Inc. 787.741.0209 hello@viequeshumanesociety.org

Stop by: T-W (9-5), Th-Sat (8-12). Closed Sun-Mon Rt. 200 km 1.4 in Santa Maria

www.viequeshumanesociety.org/volunteer Adoptable Pets: https://viequeshumanesociety. org/adopt

SOUVENIRS

We all want to bring exotic treats of our Vieques vacation home with us – it's natural. But according to the Animal and Plant Health Inspection Service, (whose acronym, APHIS, is a clever reference to Aphis, the genus of a ubiquitous plant pest–the common aphid), all passenger baggage traveling from Puerto Rico to the U.S. mainland is subject to inspection. These inspections are conducted by officials of the USDA and APHIS prior to departure. Be prepared to open and close your baggage. If you have agricultural items with you, tell the inspector. Failure to do so can result in travel delays and fines of \$1,000 or more.

THERE ARE SEVERAL PLANTS THAT ARE ILLEGAL TO BRING BACK INTO THE UNITED STATES:



Mangos:
because of
the mango
borer, which
may infect
the U. S.
mango crop.



Pigeon peas (gandules in Spanish): because of the pigeon pea borer which might affect America's soybean and legume industry.



Citrus (of all types): because insect, bacterial, fungal and viral pathogens might be devastating to the Mainland's citrus industry.



Additionally, sour sop, passionfruit and potted plants are forbidden.









BUT HAPPILY, AVOCADO, PAPAYA, COCONUT AND PLANTAIN CAN BE TAKEN LEGALLY INTO THE U.S.

Let us pamper you! ¡Dejanos consentirte!

- Skin care
- · Eyelash extensions
- · waxing
- · Manicure/Pedicure
- · Henna brows



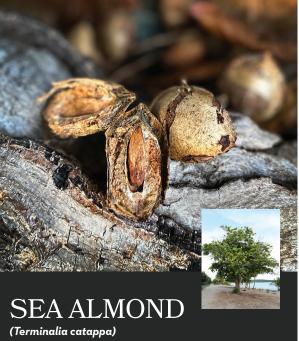
Treat yourself to a professional personalized spa treatment in a private suite!

939-279-6920

The_V_VIEQUESBOUTIQUESPA

Spanish/English





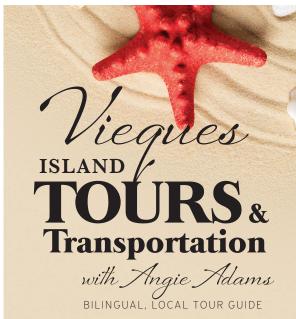
Known as almendro in Spanish, this large, salt-resistant, drought tolerant almond inhabits most of the beaches of Vieques. The sweet, almond-like kernels within the pits are a real taste treat. Although incredibly difficult to crack open, the kernels are used by clever Viequenses to make brittles, cookies and other confections.







Located at Calle Luis Bonano Casille in Isabel Segunda near the Vieques Ferry





beach bus See the best Vieques beaches Playa Negra, La Chiva, Pata Prieta and Caracas.

Round trip transportation from your hotel for island tours, beach hopping, private chauffeur. island tours

Private and hourly service

rates!

Sightseeing Tours

Educational Tours
Beach Hopping

Private Chauffeur

Concierge Services

Scouting Service

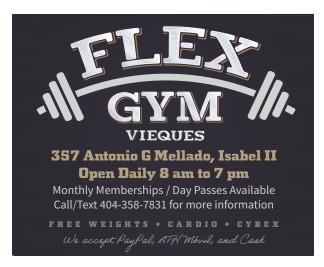
Driver for the Day!

(787) 397-2048 vqstours@gmail.com





















THURS - SAT 8am - 12pm

CLOSED Sun - Mon

Rt. 200 km 1.4 Santa Maria

_____/viequeshumanesocietypr

hello@viequeshumanesociety.org

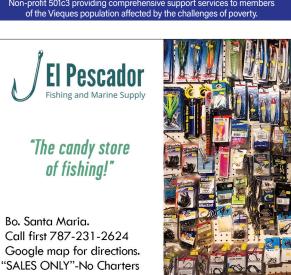
viequeshumanesociety.org

787-741-0209

















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Read the reviews!

www.casadecoloresvieques.com

LEY / LAW 51-2022

LEY PARA PROHIBIR EL EXPENDIO Y UTILIZACIÓN DE PLÁSTICOS DE UN SOLO USO EN TODO ESTABLECIMIENTO COMERCIAL

Para prohibir el expendio y utilización de plásticos de un solo uso en todo establecimiento comercial, de venta y de distribución autorizado a realizar negocios conforme a las leyes del Estado Libre Asociado de Puerto Rico; establecer un término de transición para cumplir con lo dispuesto en esta Ley; disponer de un procedimiento de orientación a tales fines: y establecer penalidades; y para otros fines relacionados.

La definición de plástico de un solo uso es todo artefacto de material plástico, tales como cubiertos, platos, sorbetos, vasos, tazas y contenedores hechos de poliestireno expandido (conocido como "foam"). Sea consumo inmediato (en establecimiento) o para llevar (to-go).

Esta Ley 51 entra en vigor el 1 de junio de 2024. En los primeros seis (6) meses de entrar en vigor la Ley al detectarse una infracción a la misma procederá la notificación de una falta. A partir del 1 de diciembre de 2024 la primera infracción es de \$500 dólares, la segunda infracción es de \$1,000 dólares y las infracciones ulteriores de \$5,000 dólares.

Excepciones a esta Ley - Declaración de Emergencia Nacional/Estatal (por el gobierno), Envasado de carne (cruda, comestibles).

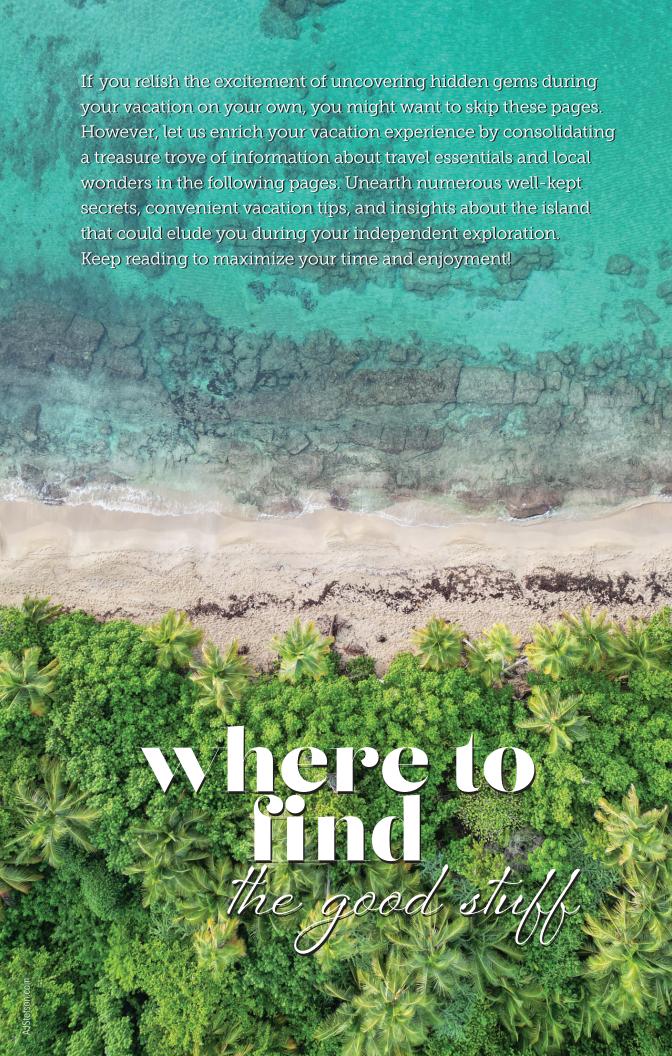
LAW TO PROHIBIT THE SALE AND USE OF SINGLE-USE PLASTICS IN ALL COMMERCIAL ESTABLISHMENTS A PARTIR DEL 1 DE JUNIO DE 2024

To prohibit the sale and use of single-use plastics in all commercial, retail, and distribution establishments authorized to function according to the laws of the Commonwealth of Puerto Rico; to establish a transition phase to comply with the provisions of the law; to provide guidelines for merchants and the general public; and to establish penalties for non-compliance with the mandates of the Law.

The sale and use of single-use plastics in all commercial, retail, and distribution establishments is prohibited by this Law. Law 51-2022 The definition or single use plastic are any plastic artifact, such as cutlery, plates, straws, cups, and food containers, and containers made of expanded polystyrene (better known as "styrofoam"),whether for immediate consumption (in store) or take out (to-go).

Law 51 comes into effect on June 1, 2024. In the first six (6) months after the Law comes into effect, if an infraction is detected, a notification of a violation will be issued. As of December 1, 2024, the first infringement will be \$500, the second infringement will be \$1,000 and subsequent infringement will be \$5,000. Exceptions to this law are: National/State Emergency Declaration (by government) and meat packaging (raw, groceries).

Dudas o preguntas (Doubts or questions contact): servicio@daco.pr.gov vieques.recicla.gmv@gmail.com





Where to find...

VIEQUES AUDIO TOURS >> Visit www.puertoricoaudiotours.com for an audio tour that explores

Vieques history, facts about the military presence, sugarcane industry, and more!



- ▶ FRESH FISH, LOBSTER AND CONCH >> Head to Pescaderia Angelyz near the ferry dock in Isabel II Mon-Fri 10:30 - 2pm to purchase fresh fish, lobster or conch when it is in season.
- ▶ LIMBERS >> Watch for the signs that say "Hay Limbers" at households around the island to purchase this frozen treat. Or stop by the Vieques En Rescate thrift store on the corner of Antonio G. Mellado and Muñoz Rivera in Isabel II where there is usually a freezer full of island flavors!
- ▶ FARMERS MARKETS >> Placita Reyes on the corner of 201 and 200 has fresh fruit and veggies on Tuesdays and Fridays 8am-5pm. Mercado Agroecológico Sambumbia is held

the 2nd and 4th Friday of the month 11-2pm in the Isabel II Plaza. Watch for events at La Colmena Cimarrona, the farm on 997 where you can sometimes find pop up agriculture markets.

- OSEAGLASS >> Most beaches have some amount of seaglass but La Chata, Playa Cofi, and Playa Voltio are popular sites to find it. Check the Insider beach map on pages 20-21 for locations or visit www.viequesbeachmap.com for more information.
- CHAMPAGNE AND WINE >> Diverse selections can be found at the Family Market in Isabel II, Morales grocery store on 201, El Tienda Verde in Esperanza or El Sombrero Viejo in Isabel II.
- PUERTO RICAN COFFEE >> Rising Roost, Family Market and Morales are places where you can find Puerto Rican coffee beans, whole or ground.



▶ VIEQUES ROASTED COFFEE Bieke Beans -artisanal roasted coffee beans roasted right here on Vieques. Buy yours at Kristy's in Esperanza or Sombrero Viejo in Isabel II. Or call 413-531-0602.

▶ LOCAL FOOD >>Along with all of the great restaurants on the island, the food trucks and kiosks each have their own local specialties! Don't be shy! Step right up to these streetside trucks or kiosks on the side of the road and you will be greeted with some of the best local food and a smile!

> ▶ LOCAL RUM >>Handcrafted right here on Vieques, CRAB ISLAND RUM is not to be missed. Find it in local restaurants or stores. Take a tour, have a drink at the bar

and enjoy live music at the distillery Thurs-Sat. 12-8, Sun. 12-5



Make 2024 PAWsitively Special

Support Animals in Need with Your 2024 Calendar Purchase!

Your purchase of the 2024 Vieques Humane Society Calendar feeds
50 shelter animals for one day. Buy at Vieques Humane Society (Rt. 200 km
1.4 in Santa Maria), SeaGate Hotel, The Mar Azul, Bananas, Duffy's, Vieques
Gifts or online at www.viequeshumanesociety.org/merch. Or scan here >>



A FURRY FIX >> Contact the

Vieques Humane Society to arrange cuddle time with a cat, dog, kitten or puppy for an hour, a day, your entire stay or forever! Become a pet escort at no cost to you,

and help a cat or dog get to their forever home in the states. 787.741.0209



CREAM >> Obi's Mini Donuts are made fresh as you wait. Have them with a side of soft serve icecream and forget the diet. Look for the donut truck in the plaza in Isabel II on Friday and Saturday.

- ▶ VEGAN FARE >> Our talented restaurant chefs and diverse menus usually accommodate all diets, but for a vegan "experience" make reservations at Finca Victoria's Vegan Friday Dinner or watch for pop up vegan nights at El Plaza.
- ▶ PALETAS >>Locally made, fresh fruit treats, Paletas Don Lolo, can be found in the freezer at the Family Market. Look for flavors like mango, tamarind, coconut, passionfruit or seagrape. For another way to enjoy them, order a lolomosa at Rising Roost with Don Lolo flavored ice cubes!
- CAR VACUUM AND TIRE AIR PUMP >> Sand between your toes is good but when it's in your rental car you could be charged an additional

cleaning fee. Find a car vacuum and an air pump for your tires at Gomera Guzman on Rt. 200. at the intersection where there is a sign for La Praa.

- CAR WASH AND DETAILING >> JDtailing located in Barrio Cofi offers shampooing and interior /exterior car wash. 787-556-6458 for more information or to make an appointment. Open Tues-Fri 8AM-4PM, Sat. 8AM-1PM
- THRIFT STORES>> Visit the Vieques En Rescate thrift store on the corner of 200 and Calle Muñoz Rivera. Your purchase will benefit the cancer patients on Vieques. The Catholic Church Thrift Store is located across from Taverna Restauran.
- SCHEDULE OF EVENTS >>

Find out what's happening this week at www. vieguesinsider.com.

DANCING >> El Blok rooftop- Sundays 4-8.

Blue Horizon Ladies Night-Thursdays and special events. Crab Island Distillery has live music Thurs-Sat 12-8.

La Nasa in Esperanza is the place to see talented locals dancing salsa, bachata and calypso on the weekends and especially Sunday nights.

▶ BINGO >>Try your luck at Isla Nena Cafe at the airport. Saturdays at 3PM.

LECHÓN >> Don Tito's Lechonera on Calle Patricio. Tito Maldonado is roasts pigs on Friday night to fill orders for Saturdays and holidays. Order by the pound before Thursday to pick up on the following Saturday 787-617-2748.

Sabor Unico across from Morales roasts pigs Tues-Sat. Call or stop by to order 787-435-5243.

C ROTISERRI CHICKEN >>

Auroras Chicken on RT 201 has roast and fried chicken every day 11AM-4:45PM • Sabor Unico across from Morales on 200 roasts Tues.-Thurs. 8am-5pm and Fri-Sat 8AM-9PM

- ▶ TUESDAY NIGHT TRIVIA >> At El Sombrero Viejo in Isabel II. Starts around 7pm island time!
- KARAOKE >>Don't miss your chance at fame. Saturday nights at Mar Azul starting at 8PM island time!
- CUSTOM PET PORTRAITS>>The best Holiday Gift to hang on the tree or the wall. Contact Paintedpawstudios@gmail.com 615-812-9144

you know that you can purchase health insurance that covers emergency trans-

Isabel II.

port? Check out www. masamts.com

CHARGERS/ELEC-TRONICS>> Forget something that you can't live without? Find chargers, phones and other electronics at Quiñones Electronics next to Banco Popular in

65



PELADO >>Find this delicious frozen treat at La Heladeria Joliette along with other sweet desserts. In Isabel II across from Casa Nativo. Open Tues. - Sun 11AM - 7PM • Sat-Sun 1-9PM

CRAFTS AND PRINT SHOP >>

Find fun crafts, art supplies and festive decorations at JO-Chanel Crafts and Print Shop. Print photos, copies or marketing materials. Open Mon-Fri 9AM-5PM. Calle Regimiento 65 de Infanteria. jochanelshop@gmail.com

▶ DISC GOLF >> Play an 18 (sometimes 9 as it is volunteer run) hole course on Rt. 200 close to the Crab Island Rum Distillery. Find more information at www.Almendrosdiscgolf.com You can buy the disks at Ola Loca in Isabel II.

Miss Fuzzi

DID YOU KNOW?

You don't need a fishing license to fish on Vieques.



▶ WORKOUT GYM >> Flex Gym in Isabel II offers daily and weekly passes. Call or text for more information. 404-358-7831.

© EDUCATIONAL BOOKS >> Find books on the history, flora, fauna and marine life of Vieques at the Vieques Conservation and Historical Trust Gift Shop.

FISHING EQUIPMENT >>

El Pescador Fishing and Marine Supply in Barrio Santa Maria sells everything you need for fishing including rods, yo-yo's, spear fishing equipment, lures and tackle. The

owner Denise lives on-sight but call to make sure it is open. 787-231-2624 Denise is also a wealth of information about fishing on Vieques!

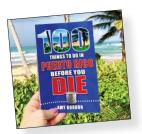
- ▶ FISHING BAIT >> Find frozen calamari in the fish/freezer section at Morales Grocery store.
- FISHING SPOTS >> Kiani Lagoon, Rompeolas Pier, Punta Arenas or in front of Mar Azul are just a few of the favorite places to throw in a line!
- ▶ ATMS >> Find them on the North side at Banco Popular and the gas stations. On the South side there are machines at El Blok, Duffy's, Colmado Lydia and in Guayacan Plaza next to Vieques Gifts.

CHARGERS/ELECTRONICS>>
Forget something that you can't live without? Find chargers, phones and other electronics at Quiñones Electronics next to Banco Popular in

Isabel II.

PIZZA DELIVERY >> Tu Punto Dulce y Sabroso, 787-689-2854, Mama Mia 939-489-9990, Taverna (pick up) 787-438-1100

oguide For Puerto Rico >> The must-have guidebook for first-time visitors and long-time locals. Find it on Amazon, shops on Vieques and Puerto Rico or order a signed copy at www.100thingspuertorico.com





DID YOU KNOW?

Our drinking water comes from rivers of El Junque, the Rainforest of Puerto Rico. In compliance with state and federal regulations, the Aqueduct and Sewer Authority analyze more than 90 possible contaminants that may be in drinking water. Viegues drinking water is 100% compliant and verified by the EPA. It is safe to drink. So save your money and skip the bottled water! Bring your own thermoflask to take with you to the beach. Hydrate! Your body and the island will thank you!



Dog-gone best Vieques souvenir! Your purchase feeds 50 shelter animals for one day.

Miss Fuzzi's true story about little dog rescued from the

street has become the voice

for all our island animals who need help. Purchase this book at SeaGate Hotel, Scallywags, Vieques Gifts, Vieques Humane Society or scan the paw to purchase online! >>>



WHERE TO 🏵

RECYCLE ON VIEQUES

Currently dry cardboard, washed plastic and aluminum cans are recycled (aluminum and plastic does not need to be separated). The recycling staff are doing everything they can with limited crew, equipment and without electricity or water at their processing location. The material is transported to ISCO in Caguas, Puerto Rico. Hector Melendez, Director of Recycling, has offered his personal cell number and has asked that locals organize within their neighborhoods to collect at a house and call them to come pick up the recycables from that location on a weekly basis. If you call them, they will come! Hector Melendez 787-646-4180.

DROP OFF LOCATIONS

○ The corner of Calle Baldorioty de Castro and Benitez Guzman in Isabel Segunda across from the Boys and Girls Club.

▶ Bunker 403 on the West Side of Vieques on 994 serves as the recycling center. Past the airport, Parque La Ceiba and Crab Island Rum Distillery, the left turn to the recycling center is aprox 1 mi. past distillery. Look for painted, pallet

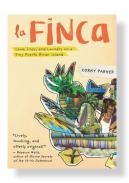
signs. The recycling center is the third bunker on the right. Leave your bagged recycables on the loading dock or in bins located at the entrance. Make a day of it by visiting the Ceiba tree, Rompeolas pier, Crab Island Rum Distillery and then visit the bunkers stopping at Bunker 403 to recycle!

ISLA NENA COMPOSTA 787-309-8408

Open /Abierta Monday-Friday Lunes-Viernes 7am-12pm, 1pm-3pm

Inside FWS Refuge

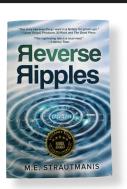
VIEQUES **READS**



La Finca, the memoir about Corky Parker's 24 years running beloved La Finca Caribe in Pilon was just awarded the distinguished 2022 Nancy Pearl Award for memoir. "The book is about my love affair with the Finca, and Vieques. I'll never stop missing the Viegues community, and honoring all it taught me, and shared with me". Earlier this year the self-illustrated memoir won the international University Presses award for both cover and book design. La Finca was published last year by Trinity University press, and is available on Vieques at Finca Victoria in Pilon, online or wherever books are sold.



Author, dance instructor, purple heart recipient and survivor, Aurita Maldonado lives on Vieaues with her two children. This memoir is a remarkable woman's journey to stumble in style as she navigates seemingly insurmountable tragedies early in life. "I find it hard not to feel changed after reading this book. Aurita genuinely writes from the core of her soul." -GABRIEL QUILES. The book was recently awarded the Journey Book Award recognizing emerging new talent in the genre of Overcoming Adversity. Find it on Amazon, Goodreads. com, Gallery Oro or any of Aurita's zumba or dance classes listed on page 45.



Reverse Ripples has been forming in my mind since my first visit to Viegues in 1988. Bioluminescence, this magical island, the people and everything Vieques offers has captivated me and the story began to write itself. the island is the descriptive backdrop for this novel. Reverse Ripples is all about magic that happens when Pia, the protagonist, falls into the Bio Bay while kayaking. She returns home to NYC, starts her career and becomes aware of a magical power within her due to the fall in the bay. What she does with her magical power is the story. The Bio-bay is truly magical and everyone should experience it in their lifetime. -M.E. Strautmanis



FISH LIKE A LOCAL

Try something new.

Fish with a yo-yo. Yup, I said yo-yo. The Locals have been using yo-yo's for years with great success. They are 6 to 12 inch spools. Tie off the line end and wrap. Use 15 to 30 pound test. Tie on a hook and sinker, bait your hook, swing around overhead and let it fly. This is an inexpensive way to fish your kids will love. You'll be holding the line between your thumb and forefinger so have some protection for your forefinger. You can purchase special gloves or finger protection wrap at El Pescador Fishing and Marine Supply Store in Santa Maria (787-231-2624 or improvise with a piece of soft rubber or sturdy cloth.



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30 plus years of experience. Island references. Thompson Construction operating in Vieques, PR and Sherman, CT

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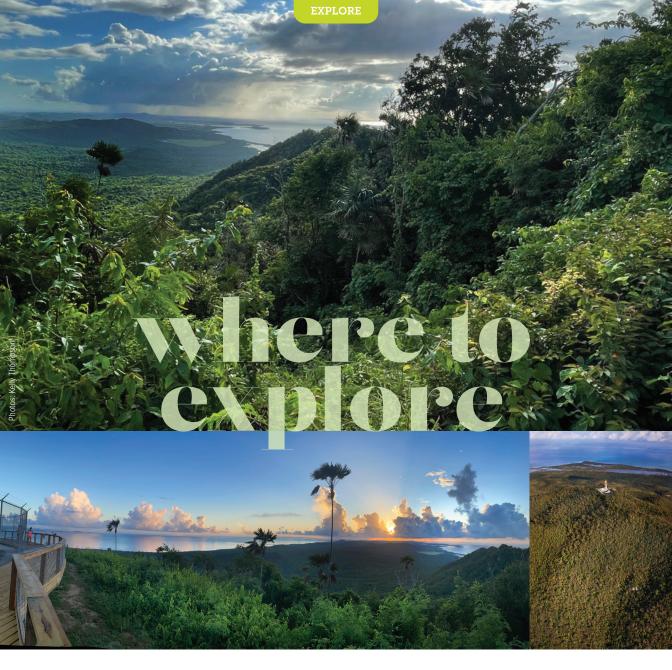
The Art of Michele King

www.michelekingfineart.com Available @ SiddhiaHutchinson/GlenWielgus Gallery









MONTE PIRATA

Open to the Public in 2024

BY: MARY HILLERY

Monte Pirata, the highest point in Vieques, stands within the western track of the Vieques National Wildlife Refuge. Towering at 987 feet high, it offers stunning panoramic views of the surrounding Caribbean Sea. The VNWR is committed to reopening this important landmark for public use in 2024.

There is a 1.2-mile paved road to the top, which is a steep-but doable 30-60 minute hike. Future plans include a pair of hiking trails through the forest allowing the hikers to enjoy the silence and notice the abundance of birds and insects while ascending from a subtropical dry zone to a subtropical moist zone.

Remarkably, Monte Pirata hosts the only subtropical moist forest of its kind among the 568 National Wildlife Refuges, that make up the world's most extensive conservation system. Along the trail, hikers might encounter indigenous plants, birds, and other wildlife, adding to the area's ecological significance.

TICATOVE, the conservation group that has partnered with the VNWR for twenty years, has raised \$32,000 in private donations to jump start the re-opening project. Noting strong public support, the federal government then matched the private donations. Two new parking lots, viewpoint benches, and a walk-around platform at the top have already been constructed. The goal is to open Monte Pirata to the public before the end of 2023 to help people connect with nature and enjoy the beautiful vista.

For those choosing to hike Monte Pirata, be prepared for a challenging 1.2-mile ascent with a steep 987 ft. elevation gain, suitable for those in good physical shape. Stay hydrated by carrying ample water during this demanding trek.



Talks & Walks with Ticatove!

TICATOVE is the conservation organization which has been working with the Vieques National Wildlife Refuge (VNWR) for almost twenty years. We are a volunteer group which holds educational talks and walks within and outside the Refuge. We support the biologists on various conservation projects such as monitoring endangered Sea Turtles on Vieques. Our Green Crew and TICATOVE Outdoors volunteers work to keep trails and open spaces maintained for the enjoyment of the public. We also partner with other conservation groups on shared conservation goals.

2023 HAS BEEN ACTIVE FOR US:

- We initiated a new volunteer crew within TICATOVE, called Ticatove Outdoors/Al Aire Libre. Volunteers organize beach cleanups, help when needed in trail grooming and in VNWR projects like the future opening of Monte Pirata.
- We organized educational hikes of Tapon Bay, El Pobre and the Puerto Mosquito NNL trails with talks on Land Crabs, Insects, History and Sea Turtles.
- We participated with other conservation groups and government agencies and the Municipality of Vieques on Earth Day, Arbor Day and International Coastal Cleanup Day.
- We assisted in the pilot program to create a youth summer Camp and led another pilot program, a 3-week long internship for two university students at the Vieques National Wildlife Refuge.

Hike with Ticatove!

Email Greg@ticatove.org to join hikes and conservation activities. Go to ticatove.org/trails to get more out of this diverse and wondrous island. Find out about beach cleanups and guided hikes with local experienced leaders as well as events appealing to the environmentally minded, young and old. Everyone is welcome.



Become a member for \$25 or donate to support environmental conservation on Vieques. Text us at 787-428-8288 • PO Box 217, Vieques, PR 00765

WWW.TICATOVE.ORG





VIEQUES NATIONAL WILDLIFE REFUGE



In 2001 Congress established the Vieques National Wildlife Refuge on the western end of Vieques. After 2003 and the Navy's withdrawal from Vieques, the wildlife refuge increased to approximately 18,000 acres of land by adding acreage on the eastern end. At one time a military base, a practice area for beach assaults, and an infamous bombing range, the Vieques National

Wildlife Refuge is now home to a large collection of unique and stunning beaches that endlessly captivate visitors and locals alike.

The U.S. Fish and Wildlife Refuge is open to the public year round.

OCTOBER 1 - MARCH 31 • 6AM TO 6:30PM

APRIL 1 - SEPTEMBER 30 • 6AM TO 7:30PM

Don't get locked in! Gates are locked and closed at closing time!

START YOUR MORNING RIGHT

The road from the Vieques National Wildlife Refuge east entrance gate all the way to Caracas is paved, flat and offers some shade in the early morning but little in the afternoon. It is 1.8 mi to the turn off to Playa Caracas and another .7 mi. to the beach. If you arrive before the gate opens you can park your car in the lot near the road and walk through an opening to the left of the gate.





THE CAYO DE TIERRA BIRDING TRAIL

BY: DAPHNE GEMMILL

esides beaches and bioluminescence, Vieques has 105 "fairly common to common" birds and a variety of places and trails to see them. One popular bird walk begins at the Malecon in Esperanza, across the street from the Vieques Conservation and Historical Trust. Walk 0.3 miles along Esperanza beach to Cayo de Tierra, the left of the two small islands off Esperanza. It's less than a mile around the Cayo. We recommend starting early in the morning when most birds are active.

The rocky outcropping along the shore at the far western end of the Malecon in Esperanza is a favorite winter spot for the Royal Tern, American Oystercatcher, and an occasional Belted Kingfisher. You can also see the Brown Pelican, Brown Booby, and Magnificent Frigatebird year-round. Laughing Gulls and Least Terns are seen in summer. Look inland to find a Pearly-

Eyed Thrasher, a Eurasian Collared Dove - a recent arrival to the island, a Puerto Rican subspecies of Bananaquit, and the ubiquitous European House Sparrow on the wires or in the trees or bushes. Birders can even expect the unexpected, such as an Antillean Palm-Swift flying over the palms along the Malecon, the first and only record of this species appearing in all of Puerto Rico. To continue, walk east along the road past Bananas Café.



At the large parking area on the right, go down to the shore and walk east along the beach towards Cayo de Tierra. Along the way, listen and watch for Gray Kingbirds, Bananaquits, Pearly-Eyed Thrashers, and Northern Mockingbirds. In late spring and summer, you might see Least and Sandwich Terns.

Soon, you will see a sandbar that connects Cayo de Tierra to the mainland. [If you want to drive to this point, a dirt road off of Rt. 997 a short distance past the Green Store ends at the sandbar.]

Cross the sandbar to the cayo — beware, your feet might get wet! Watch for Ruddy Turnstones, American Oystercatchers, Black-bellied plovers, Wilsons, and Semipalmated Sandpipers that regularly feed in the seaweed here. In the summer, the sandbar is a resting place for Least and

Sandwich Terns. During migration, it is a hot spot for some of the rarer shorebirds like Sanderlings and White-rumped and Pectoral Sandpipers.

When you get to the cayo, walk to the right along the beach until you see a trail leading inland. This trail is easy, and the climb to

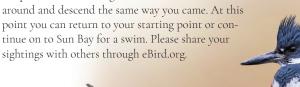


the top is not as steep as the trail on the east side of the cayo. The first part of this trail is a mixture of small pieces of broken coral and sandy leaf litter before it turns to an earthen trail. On the left, several side paths lead to the edge of a small lagoon where Snowy Egrets and Great Blue, Little Blue, and Tricolored Herons feed. Black-necked Stilts and White-cheeked Pintails are often seen year round. Spotted Sandpipers, Greater and Lesser Yellowlegs, Stilt, Semipalmated and Least Sandpipers, and Belted Kingfishers can be seen from September to March. During droughts, this lagoon can dry up.

As you climb the trail, look for Scaly-naped and White-crowned Pigeons, Whitewinged and Zenaida Doves, Common Ground-Doves, Mangrove Cuckoos, Gray and Loggerhead Kingbirds, Caribbean Elaenias, Puerto Rican Flycatchers, Adelaide's and Yellow Warblers, Bananaguits, and Black-faced Grassquits in any season. Prairie, Northern Parula, American Redstarts, Northern Waterthrush, Black-and-white Warblers, and other migrants are here in winter.

At the top of the island, you will find three side trails to the right leading to scenic overlooks. The last one takes you to a cliff edge, which is a good spot to observe seabirds if the (preferably strong) winds are out of the south or southeast. Scan the water for Brown Pelicans, White-Tailed Tropicbirds, Magnificent Frigatebirds, and Brown Boobies. February, March, and April are the best times to spot a Red-Billed Tropicbird.

If you continue counterclockwise on the trail the walking becomes difficult due to a steep descent and a long stretch of loose coral to traverse. We recommend that you turn







There are many iPhone and Android Birding apps, but our favorite one is All Birds PR -> Antigua, covering Puerto Rico + North East West Indies by Mullen & Pohland GbR (Apple users only). Other apps that may be useful are MerlinBird ID, BirdNET, Audubon, and eBird for the advanced user, especially in North America and Europe.

DAPHNE DEJERSEY GEMMILL'S BOOK BIRDS OF VIEQUES ISLAND, PUERTO RICO, covering 174 documented bird species, is available at the Vieques Conservation and Historical Trust or purchase it through the online shop at www.

natureforward.org/.



Did you know that one of Puerto Rico's most important archeological finds was discovered in Vieques? The 2000-year-old carved jadeite talisman of an Andean Condor reveals the likelihood of far-reaching trading routes from South America since neither jadeite nor Condors are native to Viegues. This majestic bird amulet became the symbol of The Vieques Conservation and Historical Trust when it was formed in 1984.

BIRDING

CONSERVATION AND HISTORICAL TRUST (VCHT)

Bird Walks during the 2023/2024 season are scheduled for:

December 20th January 10th January 24th February 7th February 21st March 6th March 20th

All Bird Walks start on the Malecon in front of The **Vieques Conservation Trust** in Esperanza, 138 Flamboyan Street at 7:30 a.m. For more information and to sign up, visit www.vcht.org/birding.

Please bring binoculars if you have them. Wear sturdy shoes as the walks occur in the woods, on the beach and around lagoons. Bring a hat and water, and wear reef-safe sunscreen and bug repellant.

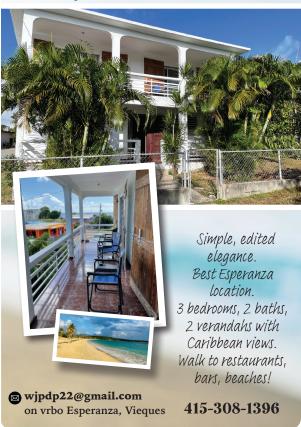
December 30, 2023

The Vieques Audubon Christmas Bird Count (CBC) will take place on December 30. Regardless of your skill level, you are welcome to join us. Please email vcht.birding.team@ gmail.com for additional information.

A visit to the Trust in Esperanza is worthwhile either before or after your bird walk. Check out the smallest aquarium in the world, the Taino exhibit, the bioluminescence room, and the gift shop. The gift shop sells a Viegues Bird Checklist (updated in 2022) and the popular The Birds of Viegues Island, Puerto Rico: Status, Abundance, and Conservation (2015) by Daphne Gemmill, along with local honey, jewelry, t-shirts, post-cards, books for all ages, and other items that make great gifts.



Caribbean views, trade winds, off-street parking!









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THE PUERTO FERRO

ARCHAEOLOGICAL SITE

Hidden in plain sight down a rough dirt path off Rt. 997 between Isabel Segunda and Esperanza lies one of the oldest archaeological sites in Puerto Rico and all of the Greater Antilles; the Puerto Ferro Archaeological Site. The oldest human remains ever found in Vieques were discovered at this site. They are dated somewhere between 700 BCE and 2145 BCE, a long stretch of time during which the original Pre-Arawak people of Vieques inhabited the site. Marking the site are "Las Rocas de Puerto Ferro", giant boulders sometimes referred to as a mini-Stonehenge because they appear arranged in such a fashion that they elicit speculation. There is no scientific proof that the boulders were ever moved. They are, rather, the underground remains of the original volcanic formation of Vieques. More specifically, the stone formation is part of the estimated 65 million year old "Vieques Pluton", a mass of igneous rock that originally coverd the entire western half of Vieques and some of the east. The boulders are composed of granodiorite, which is intermediate between granite and diorite. In addition to the massive boulders at Puerto Ferro there is a line of smaller stones set low in the ground that runs 68 feet in length. Robert Marino, curator for the Vieques Conservation and Historical

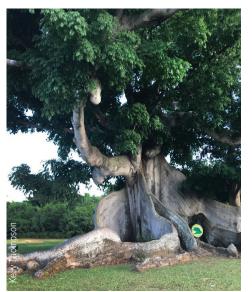
Trust, believes the line of stones was used for celestial navigation. He has taken readings which seem to indicate the line points directly to an archaeological site in Salt River Bay, St. Croix. The line also cuts across Puerto Mosquito, Vieques' bioluminescent bay. Salt River Bay has been intermittently bioluminescent in the past.

Directions: Look for the sign on Rt. 997 between the Refuge and Sun Bay.

DID YOU KNOW?

In 1990 Luis Chanlatte and Yvonne Narganes discovered the bones of Puerto Ferro Man assumed to belong to one of the first groups of humans to inhabit Veiques.





THE MATRIARCH OF VIEQUES CEIBA TREE

The Ceiba tree is revered in many cultures as the connection between heaven and earth and holds a significant place in the hearts of the local community on Vieques. Our Ceiba, central to Parque La Ceiba located on the West end of the island before Rompeolas pier, is over 300 years old.

The longevity of the Ceiba tree, also known as Kapok tree, is a marvel of nature. With a lifespan that can extend up to 500 years or more, it serves as a testament to longevity and resilience. One of the key factors contributing to its vitality is its adaptable root system. The Ceiba's strong and extensive roots spread wide and deep, enabling it to absorb water and nutrients from various sources. The roots also grow to form "buckets" that collect rain water making them remarkably resistant to drought. In addition to its impressive root system, the Ceiba tree avoids broken limbs by growing hard pointed spikes on its branches, making them nearly impossible to climb on.

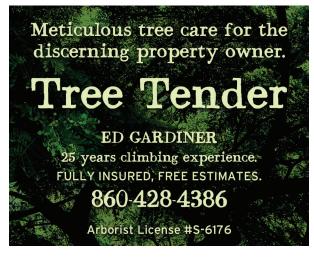
Visit Parque la Ceiba and take some time to appreciate her and feel the deep-rooted connections of the island's history and resilience.

Directions: Drive west past the airport on Rt. 200. The park is on your right when you reach the curve to go toward Rompeolas pier.



















Últimas Noticias del Municipio

ALCALDE:
JOSÉ A. CORCINO ACEVEDO
VICE ALCALDE:
ADOLFO ROSA MIRANDA

CENTRO MÉDICO DE VIEQUES \$86,000,000 • FEMA y DOH

La construcción del nuevo Centro Médico en Vieques se llevará a cabo en tres fases. El contrato ha sido adjudicado a la compañía Caribe Techno para la construcción del Centro Médico según el diseño conceptual aprobado.

Fase I • Incluye la Sala de Emergencias y el Centro de Diálisis. El equipo y las oficinas están ya ubicados frente al lugar de construcción y se proyecta que el trabajo comience a principios de noviembre de 2023.

Fase II • Inicio propuesto para mediados de 2024.

Fase III • Inicio propuesto para finales de 2024

La construcción del edificio costará \$86 millones, frente a los \$43 millones que FEMA calculó en un principio, debido a los códigos y requisitos de construcción que no se tuvieron en cuenta cuando se calculó la construcción en las fases iniciales del proyecto. FEMA aportará \$43 millones. El 25% de estos fondos ya ha sido transferido al municipio para comenzar la construcción. Luego de muchas negociaciones con el Gobernador Pedro Pierluissi, la parte restante de la financiación será aportada por el Departamento de Salud de PR.

Las instalaciones nuevas incluirán una certificación de Construcción Ecológica y energía solar. Además, el Centro contará con Sala de Emergencias, Centro de Diálisis, Farmacia, Laboratorio, Sala de Imágenes, Centro de Neonatología y Parto, Centro de Cirugía Menor, Servicios Dentales, Servicios Sociales, y Clínicas Externas. El diseño aprobado incluye un helipuerto, cisterna, generador, ascensor y nueva zona de aparcamiento. También incluye residencias fuera del recinto para médicos visitantes y especialistas.

REPARACIÓN DE CARRETERAS \$2,100,000 • PR DOT

El Departamento de Transportación del Estado ha financiado \$2 millones para reparar las carreteras PR 200 y PR 201. El primer proyecto será el tramo de la Carretera 201 desde La Hueca hasta el barrio Florida, que comenzará en abril. El segundo proyecto será pavimentar la carretera PR 200 desde la gasolinera del pueblo hasta Rompeolas. Con la financiación del municipio y la del CDBG (Community Development Block Grant) se repararán casi todas las carreteras de Santa María. El Municipio también está tratando de recuperar los fondos que se designaron para reparar carreteras en los años 2017-19 y que no se utilizaron. Los barrios que no se han pavimentado aún son Villa Boringuen, La PRRA, Monte Carmelo y Martineau

TERMINAL DEL FERRY A LA PLAZA DE ISABEL II

\$11,414,349.75 • CDBG

Se han asignado fondos para reparar y revitalizar carreteras, aceras, jardines y la plaza del pueblo.

- Plaza del Mercado. \$2,208,950.00
- Mejorar la fachada y la entrada de la Terminal del Ferry. \$2,813,210.90
- Mejorar la Plaza. \$1,857,522.00
- Mejorar las calles del centro urbano. \$4,534.666

Actualmente se están realizando los diseños, permisos y estudios culturales/ históricos para la zona específica de Isabel II. El objetivo es comenzar las obras en marzo o abril de 2024.

PARQUES

\$2,701,772.27 • FEMA

FEMA ha asignado fondos para revitalizar los parques de béisbol de los barrios Santa María, Monte Santo, Esperanza y Florida. Al cierre de esta edición, el trabajo de los parques se ha completado en un 85%. El proyecto está a la espera de recibir unos

transformadores que no están disponibles en PR para que LUMA pueda conectar las luces.

COMPLEJO DEPORTI-VO DE LUJÁN

\$2,700,000 • VIVIENDA El Departamento de Vivienda ha asignado \$ 2,700,000 para la

do \$ 2.700.000 para la finalización del complejo deportivo. El plan revisado incluye la creación de espacios para oficinas, una cancha de baloncesto, voleibol y tenis en el edificio principal, y la construcción de dos canchas de béisbol. El estadio y las canchas de béisbol sólo se

utilizarían durante el día. El municipio ha publicado una RFP (solicitud de propuestas) para arreglar el tejado del edificio principal. Al cierre de esta edición se estaban esperando propuestas.

ADMINISTRACIÓN DEL BALNEARIO SUNBAY

La DNRA ha transferido la administración de Sunbay al Municipio de Vieques. La DNRA seguirá administrando Media Luna y Navio. El 80% de los fondos recaudados ahora por la entrada se usará por el Municipio para el mantenimiento y las operaciones y la DNRA se encargará de arreglar la verja y los gazebos. Visitaron nuestra isla representantes de los municipios de Fajardo, Camuy, Vega Alta, Cataño y Guaynabo. Junto con el Cuerpo de Bomberos de Vieques y otras agencias instalaron un letrero de bienvenida en un extremo de Sunbay, zafacones de basura y plantaron nuevas palmeras.

EQUIPOS Y EMPLEOS

- Camión cisterna de 2200 galones
- · Camión de basura
- Jetski para la Policía Municipal
- Dos vehículos nuevos para la policía
- Una retroexcavadora (para finales de octubre 2023)
- Un tractor Bobcat con cortacésped (para finales de octubre de 2023)
- Empleos para añadir dos policías al cuerpo
- Empleos para añadir cuatro bomberos a la plantilla





Municipality Update

MAYOF

JOSÉ A. CORCINO ACEVEDO VICE MAYOR: ADOLFO ROSA MIRANDA

VIEQUES HOSPITAL \$86,000,000 • FEMA AND DOH

Construction of the new Vieques Hospital will happen in three phase. The contract has been awarded to Caribe Techno for design/build of the hospital according to the approved design concept.

Phase I • Will include the emergency room and dialysis center. Equipment and offices are currently installed across from the hospital site and construction work will begin by the beginning of Nov. 2023.

Phase II • Proposed start is mid 2024 Phase III • Proposed start is late 2024

Construction of the building will cost \$86 million as opposed to the original \$43 million FEMA estimate due to building codes and requirements that were not considered at that time. FEMA will provide \$43 million, and 25% of these funds have already been transferred to the municipality to begin construction. After many negotiations with Governor Pedro Pierluissi, the rest of the funding will be provided by the PR Department of Health.



The new facilities will include a Green Building certification and solar power. In addition, the center will have an emergency room, dialysis center, pharmacy, laboratory, imaging area, neonatal and birthing center, small surgery center, dental services, social services, external clinics and laboratory. The approved design includes a helipad, cistern, generator, elevator, and new parking area. It also includes off-site residential units for visiting physicians and specialists.

ROADS

\$2,100,000 • PR DOT

The State Department of Transportation has funded \$2 million to repair roads PR 200 and PR 201. The first two phases of paving-Rt. 201 from La Hueca to barrio Florida and Rt. 200 from the gas station in Isabel II to Rompeolas are complete. Lines still need to be painted on the roads. The Municipality funding combined with CDBG (Community Development Block Grant) funding has repaired roads in Santa Maria, Poso Prieto, and one street in La PRRA. The municipality is also trying to recover funds from 2017-19 that were designated for roads but not utilized. Barrios still to

for roads but not utilized. Barrios still to be paved are Villa Borinquen, La PRRA, Monte Carmelo and Martineau.

FERRY PORT TO PLAZA, ISABEL II

\$11,414,349.75 • CDBG

Funding has been allocated to revitalize areas of Isabel II from the ferry port to the Plaza.

Projects include:

- Plaza del Mercado. \$2,208,950.00
- Improve the facade and entrance to the ferry terminal. \$2,813,210.90
- Improve the Public Plaza. \$1,857,522.00
- Improve downtown streets \$4,534.666 Designs, permits, and cultural/historic studies are currently underway for the specific area in Isabel. The aim is to commence work in March or April of 2024.

VIEQUES MUNICIPAL PARKS \$2,701,772.27 • FEMA

FEMA has allocated funding to revitalize the baseball parks in barrios Santa Maria, Monte Santo, Esperanza and Florida. At press time work at the parks was 85% completed. The project is waiting on transformers that are not available in PR so Luma can connect the lights.

LUJAN SPORTS COMPLEX \$2,700,000 • VIVIENDA

Department of Vivienda has allocated \$2.7 million for the completion of the sports complex. The revised plan is to create office spaces, a basketball, volleyball and tennis court in the main building and construct the two baseball fields. The stadium and baseball fields would

Complejo Deportivo de Luján Luján Sports Complex only be used during daylight hours. The municipality has published an RFP (Request for Proposals) to fix the roof of the main building. At press time awaiting proposals.

SUNBAY ADMINISTRATION

DNRA has transferred administration of Sunbay to the municipality. DNRA will continue to administrate Media Luna and Navio. 80% of the funds collected at the gate will now be used by the municipality for maintence and operations, and DRNA will fix the fencing and gazebos. Representatives visited from municipalities Fajardo, Camuy, Vega Alta, Cataño and Guaynabo. Along with the Vieques Fire Department and other agencies they installed a welcome sign at the far end of Sunbay, trash cans and planted new palm trees.

NEW MUNICIPAL EQUIPMENT AND POSITIONS

Vieques has purchased:

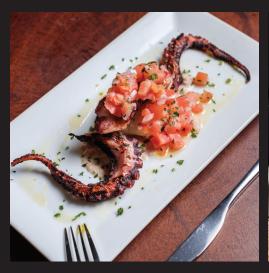
- New 2200 gallon water truck
- New garbage truck
- A jetski for Municipal Police
- Two new police car vehicles
- 1 backhoe (receive by end of October 2023)
- 1 bobcat with grass cutter adapter (end of October 2023)
- Two additional municipal police officers added to the force.
- Four additional firefighters added to the squad

HOUSING

HUD funding will be building 110 new housing units. Project to begin by mid 2024 or end 2024 depending on the Department of State. No other informatoin available at press time.



RESERVE: WWW.ELBLOK.COM/EAT-DRINK RESERVE@ELBLOK.COM 787-741-6020

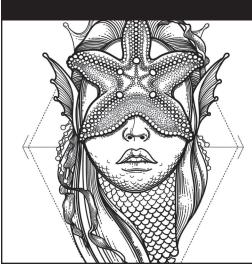






BREAKFAST SATURDAY - MONDAY 8AM - 1PM





Atrevida —

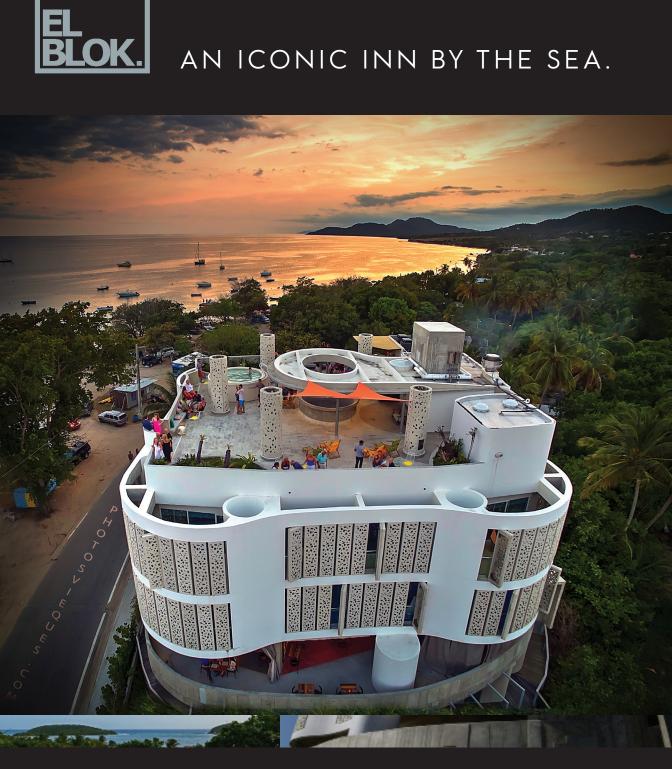
an island chic beach boutique

Located in the lobby of El Blok Hotel.

IF THIS WAS YOUR AD EVERYONE WOULD BE READING IT RIGHT NOW.

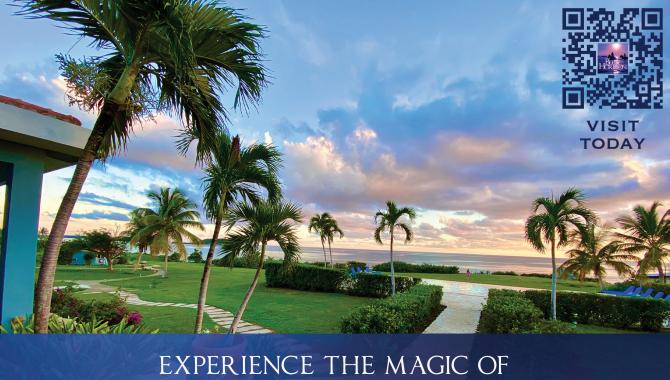
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